



PHARMACOLOGY & PRIMARY CARE 2024 NP CONFERENCE + Obesity Pre-Conference

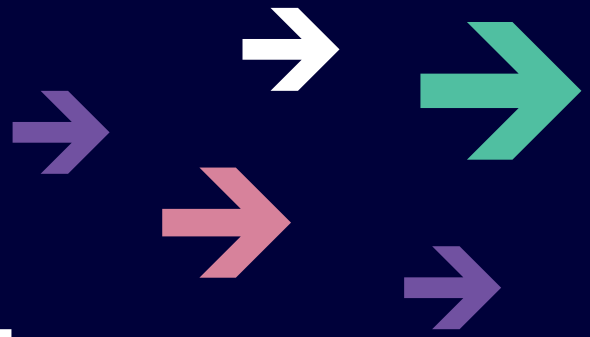
April 18-20, 2024 | San Antonio
Hyatt Regency Hill Country Resort & Spa



CONFERENCE PROGRAM



HCV.com



Hepatitis C:

You can make a difference!

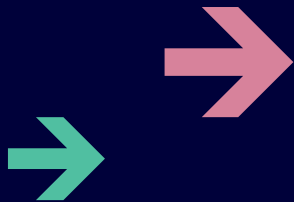
In the United States,
an estimated **2.3 million people**
are living with hepatitis C

The emergence of new therapies
has transformed treatment,
making HCV elimination a possibility

**But we need your help
to make it a reality!**



Visit **HCV.com**



your one-stop-shop for HCV resources
with all the information you need to screen,
diagnose and manage patients with hepatitis C

Table of Contents

- Agenda..... 2**
- Conference Sponsors 5**
- Program Sessions 6**
- Poster Presentations 9**
- Product Theaters..... 10**
- Conference Exhibitors 11**
- Donors 12**
- Affiliates..... 14**
- University Ambassadors 14**
- Board of Directors 15**
- About TNP 15**
- Conference Information 16**

TNP Foundation Silent Auction

Silent Auction Opens Friday at 10:15 a.m. and Closes Saturday at 10:45 a.m.

Support the Texas Nurse Practitioner Foundation’s Silent Auction and place your bids during Exhibit Hall hours! Shop for autographed memorabilia, jewelry, handmade gifts, weekend getaways, and MORE!

Guidelines

- Buy it Now – a set amount to buy the item.
- All bids shall increase by a minimum of \$10.
- A mobile number must be provided to text the winning bid.
- The Silent Auction closes Saturday at 10:45 a.m.
- Bidders will be alerted to the closing of the Silent Auction at 5 and 1 minutes before closing.
- No hovering at bid sheets.
- All bid sheets will be collected at the close of the Auction.
- All winners will be notified by text to the mobile number provided.
- All items MUST be picked up and paid for by 1:00 p.m. on Saturday by the winner or a designated person.

Enhance Your Conference Experience

There’s still time to participate!

Ticketed items can be purchased at the registration desk.

TNP Foundation’s Walk and Talk | Thursday, April 18, 6:00 pm

Our walk is a crowd-pleaser and a great way to kick off your conference experience. Meet up at Charlie’s Long Bar, grab your favorite beverage, and stroll with us around the Hill Country. Tickets are \$75 and support the work of TNP’s foundation. Participants will receive an exclusive walk t-shirt, TNP socks, and a beverage.

TNP PAC Reception | Friday, April 19, 5:00 pm in the Springhouse Cafe

Join us for an opportunity to support our advocacy, network with your fellow NPs and meet our special guest from the Texas Legislature. Includes snacks and a cash bar. Tickets are \$50.

Disclaimer: Gifts to political action committees are not tax deductible. Contributions to TNP PAC are for political purposes. All contributions to TNP PAC are voluntary. You may refuse to contribute without reprisal.

Please note the agenda and presenters are subject to change.
All sessions and Product Theaters are in Independence Ballroom 5-8 unless otherwise noted.

Thursday | April 18 – Obesity Pre-Conference

11:00 am **Registration Opens**
Charlie's South Gallery

1:00 - 2:00 pm **Welcome and Common & Complex Cases in Obesity**
Speaker: Jennifer Kucera, MSN, APRN, FNP-C, FOMA

2:10 - 3:10 pm **GLP-1 - The Incredible Injectables for Weight Loss**
Speaker: Sandy McCoy, BSN, MSN, FNP

3:20 - 4:20 pm **Bariatrics**
Speaker: Susan Bowlin, DNP, FNP-BC, ACNP-BC, CBNC

4:30 - 5:30 pm **Panel + Q&A: Treating Obesity - The 5 Pillar Approach**
Panelists:
Carole Moore, APRN, MNsc, ACNP-BC
Nkechi Onyegasi, DNP, FNP-C
Jennifer Kucera, MSN, APRN, FNP-C, FOMA
Sandy McCoy, BSN, MSN, FNP
Susan Bowlin, DNP, FNP-BC, ACNP-BC, CBN

6:00 pm **TNP Foundation's Walk and Talk**
Meet at Charlie's Long Bar

Conference
Registration
is open from
2:30 – 6:30
Charlie's
South Gallery

**DOCTOR OF
NURSING PRACTICE**
TRANSFORM PATIENT CARE

 CCNE-Accredited Program

▶ [TXWES.EDU/TNP-CONF](https://txwes.edu/tnp-conf)



All sessions and Product Theaters are in Independence Ballroom 5-8 unless otherwise noted.

Friday | April 19 – Pharmacology and Primary Care Conference

7:00 – 8:30 am	Registration & Coffee <i>Independence Foyer</i>
7:30 am – 8:30 am	Product Theater Sponsored by: AbbVie Clinical Considerations: An Adjunctive Treatment for Major Depressive Disorder (Non-CE presentation) Presenter: Tina Matthews-Hayes, DNP(c), MSN, BSN, FMP-C, PHMNP-BC
8:30 – 8:45 am	Welcome Address TNP President Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN
8:45 – 10:15 am	Cardiology: Get Your Heart Pumping Speaker: Valerie Martin, APRN-BC
10:15 – 10:45 am	Coffee Break – Exhibit Hall & Silent Auction <i>Independence 1-4</i>
10:45 am – 12:15 pm	New Immunizations Speaker: Stephanie Key, DNP, APRN, CPNP-PC, PMHS
12:15 – 1:15 pm	Lunch Concession, Exhibit Hall, Silent Auction, Poster Presentations <i>Independence Foyer & Independence 1-4</i>
1:15 – 2:45 pm	Infectious Disease RX/ HIV/HEP C Speaker: Kendrick Clack, MS, APRN, FNP-C, AACRN, AAHIVS
2:45 – 3:15 pm	Break – Exhibit Hall <i>Independence 1-4</i> Exhibits close at 3:15 for the day
3:15 – 4:45 pm	Diabetes Through the Lifespan Speakers: Brenda Olmos, PhD, APRN, FNP-C Mili Vakharia, MSN, APRN, FNP-C, CDCES
5:00 pm	TNP PAC Event <i>Springhouse Cafe</i>
8:00 – 10:00 pm	Presidents' Council and University Ambassador Networking Social <i>By Invitation Only, Location TBD</i>

All sessions and Product Theaters are in Independence Ballroom 5-8 unless otherwise noted.

Saturday | April 20 – Pharmacology and Primary Care Conference

7:00 am	Registration & Coffee Service Opens <i>Independence Foyer</i>
7:30 – 8:30 am	Breakfast Concessions – Exhibit Hall <i>Independence 1-4</i>
7:30 – 8:30 am	Product Theater Sponsored by: AbbVie Understanding Hepatitis C Virus (HCV): Pathology, Epidemiology, and Treatment Landscape in the US (Non-CE presentation) Presenter: Ruston Taylor, PharmD., BCPS, AbbVie Medical Science Liaison
8:45 – 10:15 am	Pulmonary Insights: Updates on Managing Adult Asthma & COPD Speaker: Monee' Carter-Griffin, DNP, MBA, MAOL, APRN, ACNP-BC
10:15 – 10:45 am	Coffee Break – Exhibit Hall <i>Independence 1-4</i> Silent Auction closes at 10:45
10:45 am – 12:15 pm	A Potpourri of Gastrointestinal Pharmacology Speaker: Andy Tau, MD
12:15 – 1:00 pm	Lunch Concessions, Exhibits, Poster Presentations <i>Independence 1-4</i> Exhibit Hall Closes at 1:15
12:15 – 1:15 pm	Product Theater Sponsored by: Novo Nordisk A Case for Choosing a GLP-1 RA in Your Appropriate T2D and ASCVD Patients (Non-CE presentation) Presenter: Aaron King, MD, MedFirst at the Quarry BHS Physicians Network, Tenet Healthcare
1:15 – 2:45 pm	Navigating Psychopharmacology and Decision-Making Speakers: Barbara Chapman, DNP, APRN, FNP-C, EBP-C, NHDP-BE, PMHNP-BC Tracy Hicks, DNP, MBA, APRN, FNP-BC, PMHN-BC, CARN-AP, FIAAN, FAANP
2:45 – 3:00 pm	Break
3:00 – 4:30 pm	DEA Update (Narcan) Speaker: Anjuli (Juli) Desai, MD



Special Thanks To Our Conference Sponsors

Platinum Level

HCV.com

abbvie



Silver Level



Bronze Level



DYNΛVAX

OBESITY PRE-CONFERENCE

Program Sessions | Thursday, April 18, 2024



1:00 - 2:00 pm | Common & Complex Cases in Obesity

This session will review common and complex adult and pediatric obesity case studies encountered in the primary care setting. The case studies will help attendees individualize treatment plans for patients with obesity while considering concurrent chronic health conditions. Treatment discussion will include the use of medications, both on and off-label, behavior modification aspects, nutrition and physical activity approaches, and bariatric referrals. The skills learned can be applied in primary care settings to improve outcomes for all patients with obesity.

Speaker: Jennifer Kucera, MSN, APRN, FNP-C, FOMA



2:10 - 3:10 pm | GLP-1 - The Incredible Injectables for Weight Loss

This session will provide an overview of obesity and statistics and discuss when to prescribe the GLP-1's and GLP-1/GIP in practice. Our speaker will also identify the benefits of these drugs and share a case presentation.

Speaker: Sandy McCoy, BSN, MSN, FNP



3:20 - 4:20 pm | Bariatrics

This session will discuss current and emerging bariatric surgery treatment options. We will dive into the medical criteria to qualify for bariatric surgery and how to frame discussions with patients in a supportive, non-judgmental manner. We will also discuss considerations for special population needs and long-term monitoring of patients who have had bariatric surgery. Finally, we will discuss when and where to integrate anti-obesity pharmacologic support for weight loss with patients who have had bariatric surgery.

Speaker: Susan Bowlin, DNP, FNP-BC, ACNP-BC, CBN

4:30 - 5:30 pm | Q&A Panel - Treating Obesity - The 5 Pillar Approach

This highly experienced panel will provide fresh insights into treating Obesity utilizing the 5 Pillar Approach: nutrition, exercise, appetite control, sleep, and stress management.



Speakers:

Carole Moore, APRN, MNsc, ACNP-BC

Nkechi Onyegasi, DNP, FNP-C

Jennifer Kucera, MSN, APRN, FNP-C, FOMA

Sandy McCoy, BSN, MSN, FN

Susan Bowlin, DNP, FNP-BC, ACNP-BC, CBN

PHARMACOLOGY & PRIMARY CARE CONFERENCE

Program Sessions | Friday, April 19, 2024



8:30 – 8:45 am | Welcome Address

TNP President Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN



8:45 – 10:15 am | Cardiology: Get Your Heart Pumping

This lecture will cover heart failure, including the classifications of heart failure and the guideline-directed medical therapy for each classification. A comprehensive review of heart failure therapy and management strategies will also be addressed.

Speaker: Valerie Martin, APRN-BC



10:45 am – 12:15 pm | New Immunizations

This timely and informative session will cover CDC recommendations, new vaccines, and the challenges of educating patients. Our presenter will use life experiences and case studies to discuss the latest recommendations.

Speaker: Stephanie Key, DNP, APRN, CPNP-PC, PMHS



1:15 – 2:45 pm | Infectious Disease RX/ HIV/HEP C

The rates of sexually transmitted infections, HIV, and Hepatitis continue to be a challenge in Texas. Congenital syphilis has become a public health priority as rates in Texas are among the highest in the nation. This presentation will address the epidemiological trends, clinical presentations, and most current evidence-based approaches for treatment, prevention, and management of the most common STIs, HIV, Hepatitis, and other infectious diseases.

Speaker: Kendrick Clack, MS, APRN, FNP-C, AACRN, AAHIVS



3:15 – 4:45 pm | Diabetes Through the Lifespan

Though many NPs are familiar with the diagnosis and management of Type 2 diabetes in adults, there is another realm of diabetes management not often explored in primary care: pediatric diabetes and associated endocrine disorders. The presentation will cover new pharmacological approaches to T2DM in adults as well as review diagnosis and treatment of diabetes and related disorders in pediatric populations.

Speakers:

Brenda Olmos, PhD, APRN, FNP-C

Mili Vakharia, MSN, APRN, FNP-C, CDCES



There's lots happening in the Exhibit Hall. Stop in!

PHARMACOLOGY & PRIMARY CARE CONFERENCE

Program Sessions | Saturday, April 20, 2024



8:45 – 10:15 am | Pulmonary Insights: Updates on Managing Adult Asthma & COPD

Each year millions of Americans seek acute or chronic management for pulmonary disorders. Evidence has indicated using guideline-based management is effective for reducing disease specific complications, decreasing mortality, and improving patient outcomes. This presentation will cover the most current evidence-based literature for managing adults with asthma and COPD.

Speaker: Monee' Carter-Griffin, DNP, MBA, MAOL, APRN, ACNP-BC



10:45 am – 12:15 pm | A Potpourri of Gastrointestinal Pharmacology

Dr. Tau will provide an overview of the most commonly utilized medications in GI pharmacology. Strategies to optimize and understand PPI usage and relative strengths, TCA for IBS, and practical differences in laxatives will be highlighted. Specific updates will be provided on new pharmacological advancements in weight loss medications (GLP-1 agonists), acid reflux (PCABs) and probiotics.

Speaker: Andy Tau, MD



1:15 – 2:45 pm | Navigating Psychopharmacology and Decision-Making

This session will delve into best practices for prescribing for mental health and substance use disorders. Seasoned NPs and those new to the profession will deepen their psychopharmacological knowledge and ability to deliver evidence-based care to individuals with mental health and substance use disorders utilizing a comprehensive individualized approach.

Speakers:

Barbara Chapman, DNP, APRN, FNP-C, EBP-C, NHDP-BE, PMHNP-BC

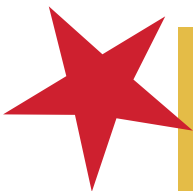
Tracy Hicks, DNP, MBA, APRN, FNP-BC, PMHN-BC, CARN-AP, FIAAN, FAANP



3:00 – 4:30 pm | DEA Update

This session will cover updates from the DEA, including the Consolidated Appropriations Act of 2023, as well as provide insights into current telehealth regulations and buprenorphine waiver updates.

Speaker: Anjuli (Juli) Desai, MD



Reminder! Please fill out your tabletop survey and turn it in at the registration desk.

INDEPENDENCE FOYER

Improving Medication Adherence in Pediatric Asthma Patients Using an Application-Based Medication Reminder Tool

By: Lee Ann Stride, RN, BSN

Asthma is one of the most common chronic health diseases among children and adherence to medication is a critical component to preventing hospitalizations, missed school, and death. This project is used to identify patients with poorly controlled asthma due to medication nonadherence and improve medication adherence for pediatric asthma patients using a technology based smart phone application in a pulmonology clinic.

Emergency School Stock Albuterol

By: Trish Balolong Reyes, FNP-BC

The Stock Albuterol law enacted in January 2024 would allow schools to provide emergency Albuterol inhalers on hand for quick relief for students experiencing respiratory distress. This evidence-based DNP project poster will present the findings from a systemic review examining stock inhaler policies in school districts, and provide policy recommendations for school districts to implement the Stock Albuterol Access law.

Increasing Emergency Contraception Utilization in Reproductive-Age Women

By: Tanieka Davis, MS, APRN, WHNP-BC

Emergency contraception can prevent unintended pregnancy up to 90% in reproductive-age women at risk for unintended pregnancy. However, reproductive healthcare providers who are primary sources of contraception knowledge and access fail to use and promote this resource. This quality improvement project aimed to increase emergency contraception utilization by implementing an evidence-based practice guideline and examining provider-driven access barriers.

Assessing Transition Readiness Among Oncology Patients

By: Ojima Kerttula, DNP, APRN, CPNP and Debra Kent, DNP, MSN, APRN-PC, RN

This quality improvement project focuses on assessing transition readiness outcomes with the validated transition readiness assessment questionnaire tool among adolescent and young adult oncology survivors, who will eventually be referred to adult providers. Based on data provided in this presentation, failure to transition successfully to an adult healthcare model may lead to overall adverse health outcomes as patients age out of pediatrics.

The Effectiveness of a Heart Failure Toolkit Incorporating Multiple Learning Styles for Adults with Heart Failure

By: Emily Laughlin, DNP-FNP student, BSN, RN, PCCN

Heart failure is a multidimensional disease requiring innovation. Rural living increases peoples' risk of heart failure by 19%. This evidence-based practice project examined the impact of an evidence-based heart failure toolkit with multiple learning styles on heart failure health literacy scores from pre and post surveys in a rural Texas community center.

PHARMACOLOGY & PRIMARY CARE CONFERENCE

Product Theaters | Friday, April 19, 2024



Sponsored by AbbVie

7:30 – 8:30 am | **Clinical Considerations: An Adjunctive Treatment for Major Depressive Disorder**

Presenter: Tina Matthews-Hayes, DNP(c), MSN, BSN, FMP-C, PHMNP-BC

Product Theaters | Saturday, April 20, 2024



Sponsored by AbbVie

7:30 – 8:30 am | **Understanding Hepatitis C Virus (HCV): Pathology, Epidemiology, and Treatment Landscape in the US**

This presentation will delve into details of Hepatitis C Virus (HCV) focusing on its pathology, epidemiology in the United States, and the impact it has on the liver and other organs. We will explore the evolution of HCV patients, the importance of screening, diagnosis and linkage to care. This comprehensive overview will discuss the current treatment landscape for HCV, including new advancements and challenges.

Presenter: Ruston Taylor, PharmD., BCPS, AbbVie Medical Science Liaison



Sponsored by Novo Nordisk

12:15 – 1:15 pm | **A Case for Choosing a GLP-1 RA in Your Appropriate T2D and ASCVD Patients**

Discuss the prevalence of ASCVD in patients with T2D as well as the reoccurrence rate of MI in patients with T2D and established ASCVD. Review current guideline recommendations on when to start a GLP-1 RA with proven CV benefit (label indication) in adults with T2D and established ASCVD. Look at the efficacy and safety of various GLP-1 RA clinical trials including a cardiovascular outcomes trial. We will also review important GLP-1 RA dosing and administration information.

**Presenter: Aaron King, MD, MedFirst at the Quarry
BHS Physicians Network, Tenet Healthcare**



Use this QR code to download the Annual Conference handouts.

2024 TNP Handouts



**Booth # 4
AbbVie**

Jim Kraschel
Regional Marketing Manager,
Psychiatry
jim.kraschel@abbvie.com
www.abbvie.com

**Booth # 5
AbbVie**

Ruston Taylor
Medical Science Liaison,
Hepatology
ruston.taylor@abbvie.com
www.abbvie.com / HCV.com

**Booth # 23
American Association of
Nurse Practitioners**

Susan Gould
exhibits@aanp.org
aanp.org

**Booth # 15
Bayer Pharmaceuticals**

April Rutledge Enriquez
April.RutledgeEnriquez@Bayer.com
bayer.com

**Booth # 7
Calmoseptine, Inc.**

Kim Saeng
Kim@calmoseptine.com
www.calmoseptine.com

**Booth # 21
Chiesi Global Rare Diseases**

Page Bales
page.bales@chiesi.com
www.chiesirarediseases.com

**Booth # 13
Corcept Therapeutics**

Laura Koop
lkoop@corcept.com
corcept.com

**Booth # 26
CPAN / PeriPAN at UT Health
San Antonio**

Catherine Silva
silvac2@uthscsa.edu
888-901-2726

**Booth # 14
Create Amor**

Matthew Vuckovich
matthew@createamor.com
createamor.com

**Booth # 11
Cumberland Pharmaceuticals**

Shamin Rutledge
srutledge@cumberlandpharma.com
www.cumberlandpharma.com

**Booth # 19
Currax Pharmaceuticals**

Steven Jenny
sjenny@curraxpharma.com
Curraxpharma.com

**Booth # 8
Daiichi Sankyo, Inc.**

Eric Adamson
DSFieldConventions@dsi.com
www.daiichisankyo.us

**Booth # 9
Dynavax**

Robert Valdez
rvaldez@dynavax.com
dynavax.com

**Booth # 3
Eleos Virtual Healthcare
Solutions**

Chris Stansbury
cstansbury@eleosvhs.com
www.eleosvhs.com

**Booth # 12
Federal Bureau of Prisons**

Shawn Sullivan
sxxsullivan@bop.gov
www.bop.gov

**Booth # 30
H-E-B Wellness**

Katie Collins
collins.katie@heb.com
www.heb.com/wellness

**Booth # 28
Juice Plus**

Gwen Wang
gwenwang@me.com
www.NutritionOnTheGo.net

**Booth # 18
Kendra Scott**

kendrascott.com

**Booth # 27
Medical Care Innovations –
EndoMune Probiotics**

Dawn Goforth
info@endoimmune.com
EndoMune.com

**Booth # 17
Minute Clinic**

Paula Paquette
Paula.ShidelerPaquette@CVSHealth.com
jobs.cvshealth.com

**Booth # 6
Novo Nordisk**

www.novonordisk.com

**Booth # 29
Novo Nordisk**

Aileen Thomas
ailt@novonordisk.com
novonordisk.com

**Booth # 20
Pharmacy Solutions**

Kim Siegenthaler
kim@Rxcompound.com
www.Rxcompound.com

**Booth # 2
Revelation Pharma**

Stevie Tillage
stillage@revcustomrx.com
www.revelationpharma.com

**Booth # 10
Takeda**

Jennie Gerdes
john.sander@takeda.com
takeda.com

**Booth # 24
Texas Department of State
Health Services**

Taylor Dusek / Venessa Cantu
taylor.dusek@dshs.texas.gov /
venessa.cantu1@dshs.texas.gov
dshs.texas.gov

**Texas Nurse Practitioner
Foundation**

admin@TexasNP.org
www.texasnp.org/page/TNPF

Texas Nurse Practitioners

admin@TexasNP.org
texasnp.org

**Booth # 1
Texas Wesleyan University**

Kat Anderson
wbdenis@txwes.edu
www.txwes.edu

**TNP Political Action
Committee**

admin@TexasNP.org
www.texasnp.org/page/TNPPAC

**Booth # 25
University Health**

Ericka Garcia
ericka.garcia@uhtx.com
University Medicine Associates |
University Health

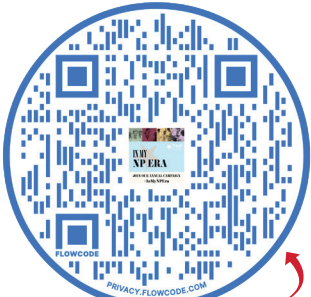
**Booth # 16
University of Texas at
Arlington Online Nursing**

Kimberley Jones
kimberly.jones@
academicpartnerships.com
academicpartnerships.uta.edu

THANK YOU TO OUR TNP PAC DONORS

Thank you to all of our 2023 Donors! We appreciate your continued support and commitment to the TNP Political Action Committee. A well-funded PAC helps the committee reach more lawmakers in support of advancing the NP profession. Below is a list of PAC donors from January 1, 2023–December 31, 2023.

PRESIDENT'S CIRCLE (\$5,000 or \$416.67/month)		CAPITOL AMBASSADOR (\$2,400 or \$200/Month)		CAPITOL INSIDER (\$1,200 or \$100/Month)			
April Lopez Margaret Mosley		Terri DeNeui Robert Metzger	Laurita Old Hudec Peggy Ostrander	Vicki Brooks Jeannie Cook Sherry Grogan Holly Heid Tracy Hicks	Stella Logan Angelica Lopez Stephanie Lufsey Catherine Lux Kim McArthur	Rosalinda Morales Pedro Natividad Sonja Tiller Jan Zdanuk Dodd	
CAPITOL CLUB (\$600 or \$50/month)							
Lisa Anderson Kathy Abrahamson Mary Becton-Crouse Christina Blanco Gina Blount Thomas Brooks	Mary Browning-Taylor Patience Cain Susan Calloway Essence Carter-Griffin Lea Ann Carver Kristine Clements	Debra Crook Cristi Day Kimberly Engelman Peggy Francis Martha Garcia Elizabeth Gigliotti	Deborah Hodge Ann Jesse Jennifer Kucera MaryBeth Luttrell Mary McGraw Alison Mitchell	Sharon Quigley Adrian Raabe Christy Robbins Rick Roberts Cynde Schneider Dovie Stewart	Lisa Stewart Linda Waters Mary Wells Cindy Weston Kathryn Woods		
300 CLUB (\$300 or \$25/month)							
Monica Alleman Richard Cain Crystal Capler Barbara Chapman Paula Christianson-Silva Justin Cullers Sheryl Davis	Margaret Dean Danielle Deutschendorf Michael Doyal Carol Dunman Sharon Fowler Melinda Friudenberg Peter Gembol	Lisa Ginapp Angela Gooden Henry Guevara Jennifer Gustafson Emily Gutierrez Margaret Hensley Cynthia Hodgins	Miranda Kelly Stephanie Key Susan McDonald Aidee Nunez Mayte Patterson Penny Pickle Krispin Kathleen Roblyer	Linda Rounds Deborah Shirey Jason Spees Genevieve Talamantez -Worden Dorothy (Liz) Vinton Michelle White	Kendall Wines Sharon Wright		
OTHER CONTRIBUTORS							
Shekofeh Adell Rachel Adler Cynthia Ahearn Claudia Amador Maria Amaya Belinda Anderson Jennifer Armstrong Josephine Arnold Heather Bailey Linda Barloon Terri Barnhart John Barrera Suzanne Bartek Dana Bell Cindy Bernard Ann Birka Rebecca Blackwell Charles Blair Carolyn Bogan Brenda Bosch Linda Bostwick Abby Boyd Sandra Renee Boyd Shannon Boyd Heather Bridgeford Robin Britton Vaughn Brozek Lynn Bullard Lashonda Burns Barbara Camune Monica Cantu	Ernest Castaneda Deborah Castro Sharon Cates Valentina Cates Irene Cawi Emily Cerreta Clare Chan Kim Chawla Shuang Chen Faria Chevez Lisa Church Brenda Clarke Melissa Cooley Angela Covarrubias Ashley Cox Callie Crouch Dana CruzJustin Cullers Lisa Dalton Inger Daniels Michael Davila Carol Davidson Janeth Del Toro Jennifer Desmond Doris DeVries James Dickens Sharolyn Dihigo Holly DiLeo Stephanie Dobbins Davis Jenelle Dugan Danielle Ebron Joycelyn Elaiho	Janice Elliott Stacey Ervin Christopher Farwell Mari Finley Soraya Fletcher Juanita Flint Mercedita Flynn V. Jude Forbes Jill Fuhrmann Dale Fuller Elizabeth Fuselier Ellis Margaret Galvez Deana Garcia Natalie Garry Margit Gerardi Kimberly Giberga John Gonzalez Leticia Gonzalez Beth Grace Eddie Gradney Heather Grohman Cara Guthrie-Chu Cristal Hall Beverly Halligan Shalawn Harris Lana Harrison Lutricia Harrison Jaime Hatcher Blaine Hendrick Nancy Hernandez Jennifer Hessoek	Michelle Hext Gabriela Hildenbrand Tram Hoang Amy Holder Robert Howell Lori Hudson Allison Huffman Sr. Barbara Hyzak Cody Jackson Holly Jeffreys Barbara Johnson Verna Jones Vickie Jones Rose Julian Debra Kaiser Jennifer Kalu Christina Keil Avorie Kennard	Kurt Killebrew Katie King James Knapp Gloria Kohn Shelagh Larson Linzi Leighton Dorota Loney Sarah Lord Tierra Love Marcie Lowe Andrea Loyd Julie Lyons Melisia Martin Rebecca McClay Jacqueline McCoy Sandy McCoy Toni McDonald Chasity McDonald-Rocha	Rebecca McIntire Monica McKitterick LaVonda McLennan Donna McMahan Heather McManus Valerie Miller Virginia Miloud Maurice Mims Anais Molina Rosalinda Morales Lavender Muirhead Juliette Munoz Lisa Newton Cynthia Nicholson-Guidry Marianna Nolasco Aidee Nunez Pacificah Nyangau Toyin Okeowo Linda Ortiz Amy Owens Horelica Kaitlin Palermo Stacey Palmer Jacob Paul Paula Parks Jessica Peck Kimberly Peters Erin Perez Jamie Perez Lisa Perez Dana Phemister Sherrie Pierce	Trey Pirkey Mary Plattner Darla Porter Wa Poung Adrian Raabe Sunanda Rajegowda Teresa Randall-Wong Janice Randel Ruan Reast Rebecca Redmond Lisa Reid Kathryn Reveles Christy Robbins Elizabeth Roberts Crystal Riojas Cynthia Robertson Chasity Rocha Delores Rodriguez Christina Romain Amy Owens Horelica Kelly Ruemmele Michelle Ruhnke Elizabeth Ryan Carmen Salone Nicole Sanders Brandy Schjang Kathryn Schmidt Patricia Schwartz Katie Seliga Cari Selzer Christina Shay	Kathleen Siders Robert Soliz Debra Sosolik Becky Spencer Beverly St. Julien Danielle Stockhorst Kate Taylor Margaret Taylor Tysa Taylor Krysta Thompson Suzanne Terrell Sara Toth Sandy Tran William Tudor Jocelyn Urbano Janice Valdespino Cheryl Vallie-Porter Elizabeth Varley Jose Villa Anthony Viscon Victoria Wahlenmaier Leigh Ann Ware Mary-Jane Warren Tammie Warren Camille Watson Marie Weidman-Johnson Ann Williams Shelia Williams Patricia Wimberly Kristin Wingfield Mary Youngwith



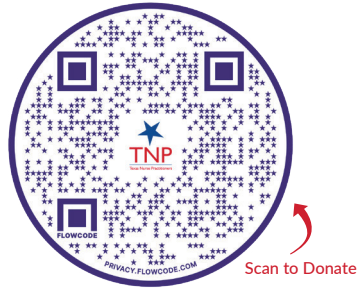
Scan to Donate

THANK YOU TO OUR TNP ADVOCACY DONORS

Thank you to all of our 2023 TNP Advocacy Donors! We are grateful for your support and commitment to the profession.

Below is a list of Advocacy donors from January 1, 2023–December 31, 2023.

CHAMPION (\$1,200 or \$100/month)	ADVOCATE (\$600 or \$50/month)	OTHER CONTRIBUTORS
Peggy Ostrander	Gina Blount Peggy Francis Cindy Weston	Consuelo Clarke Sheri Innerarity Chanita Woodberry San Antonio Nurses in Advanced Practice



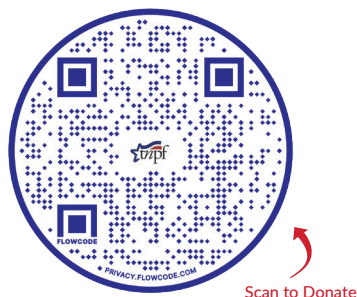
THANK YOU TO OUR TNP FOUNDATION DONORS

Thank you to all of our 2023 Foundation Donors! We are grateful for your support and commitment to the profession.

Below is a list of Foundation donors from January 1, 2023–December 31, 2023.

TNPF GENERAL SCHOLARSHIP FUND

PLATINUM (\$5,000)	GOLD (\$1,000)	BRONZE (\$250)	COPPER (\$100)	OTHER DONORS	
Fort Worth Region Nurse Practitioners	Kendra Scott, LLC Jan Zdanuk Dodd North Texas Nurse Practitioners	Jennifer Kucera Cindy Weston	Belinda Anderson James Dickens Sr. Barbara Hyzak Pedro Natividad Janet Noles Thomas Peterson	Lorraine Barton Barbara Camune Emily Cerreta Sally de la Cruz Jill Fuhrmann Beverly Halligan Dinah Halopka Holly Heid	Joani Hughart Verna Jones Traci Loa Yvette Luna-Bowen Donna McMahan Melissa Miranda Shana Ryan Westerfield Elizabeth Uchenna Roberts
TNPF EMERGENCY ASSISTANCE FUND			KIM OAS MEMORIAL SCHOLARSHIP FUND		
Holly Davis		Vanessa Trevino	North Texas Nurse Practitioners		



TNP's 2024 Affiliates

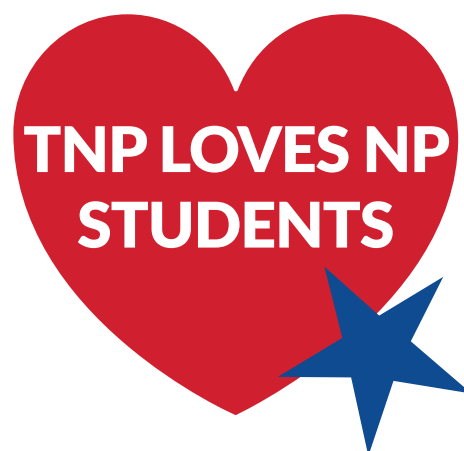
Our Affiliate network is strong and growing!

Austin Advanced Practice Nurses
Brazosport Area Nurse Practitioners
Brazos Valley Nurse Practitioner Association
Central Texas Nurse Practitioners
Coastal Bend Advanced Practice Nurses
East Texas Nurse Practitioner Association
El Paso Area Advanced Practice Nurses
Fort Worth Region Nurse Practitioners
Greater Texas Chapter of NAPNAP
Hill Country Nurse Practitioners Association
Houston Area Nurse Practitioners
Houston Area Chapter of NAPNAP
Laredo Advanced Practice Nurses Association
National Black Nurse Practitioner Association
North Harris Montgomery Advanced Practice Nurse Society
North Texas Nurse Practitioners
Panhandle Nurse Practitioners Association
Piney Woods Advanced Practice Nurses Association
Psychiatric Advanced Practice Nurses of Texas
Psychiatric Advanced Practice Nurses of Austin
San Angelo Coalition of Nurses in Advanced Practice
San Antonio Nurses in Advanced Practice
Southeast Texas Nurse Practitioner Associates
South Plains Nurse Practitioners Association
South Texas Alamo Chapter of NAPNAP
Texas DNP
The Austin Chapter of NAPNAP
Valley Advanced Practice Nurses Association
Wichita County Nurse Practitioners

TNP's 2024 University Ambassadors

We're proud to partner with top university programs statewide!

Baylor University
Houston Christian University
Stephen F Austin State University
Texas A&M University
Texas A&M University - Texarkana
Texas Christian University
Texas State University
Texas Tech University Health Sciences Center
Texas Wesleyan University
The University of Texas at Arlington
The University of Texas at Austin
The University of Texas Health Science Center - Houston
The University of Texas at Tyler
The University of Texas Medical Branch
West Texas A&M University





TNP Board of Directors

President: Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN

Past President: Cindy Weston, DNP, APRN, CCRN, CNS-CC, FNP-BC, FAANP

Vice President: Tracy Hicks, DNP, MBA, APRN, FNP-BC, PMHN-BC, CARN-AP, FIAAN, FAANP

Treasurer: Christopher McLarty, DNP, APRN, ACNP-BC

Secretary: Lutricia Harrison, DNP, APRN, FNP-BC

Board Member: Susan J. Calloway, PhD, APRN, FNP-BC, PMHNP-BC, FAANP

Board Member: Barbara Chapman, DNP, APRN, FNP-C, EBP-C, NHDP, PMHNP-BC

Board Member: Justin Cullers, MSN, APRN, PMHNP-BC



About TNP

TNP is the premier Texas-based membership organization for nurse practitioners. We lead the way in advocating for issues that matter most to the profession, providing Texas-specific CEs at conferences and online, and being the go-to for networking and career development, including entry into practice resources. [Texasnp.org](https://texasnp.org)



“TNP empowers and protects the profession. As a member, I help advocate for high-quality and equitable healthcare for my patients.”

**Vanessa Trevino, RN, BSN, CRRN
DNP-FNP Student
TNP Student Member
TNP Legislative Ambassador (District 73)**

**You belong at TNP!
Join today at texasnp.org**



cvs.jobs/minuteclinic



Continuing Education:

TNP's 2024 Pharmacology & Primary Care Conference and Obesity Pre-Conference:

This activity is awarded 16.5 CE hours (which includes 16 RX, 1.5 G, 3 O, 1.5 DEA, 2 E/J). Completion of the course evaluation is required for CE.

Statement:

Texas Nurse Practitioners is approved as a provider of nursing continuing professional development by the Louisiana State Nurses Association Approver Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. LSNA Provider No. 4003232. In order to receive your CE Certificate, you must participate in the webinar and complete the post-evaluation.

CE Certificate:

At the end of the TNP Pharmacology and Primary Care Conference + Obesity Pre-Con, you will receive an email from Bella Stewart at TNP to complete your CE Certificate. It will be emailed to you within one hour of submission. If you do not receive it, please email bella@texasnp.org, and she will send you a copy.

NSO 10% Risk Management Discount

TNP Primary NSO offers TNP's 2024 Pharmacology & Primary Care Conference and Obesity Pre-Conference attendees a 10% Risk Management Discount on Individual Policies. Coverage is available to eligible residents of the United States of America and Puerto Rico.

Disclosures

- Anjuli (Juli) Desai, MD, is a speaker for Collegium Pharmaceuticals for Belbuca.
- Andy Tau, MD, is a consultant for Boston Scientific, Cook Medical, Steris, Conmed and Neptune Medical
- Kendrick Clack, MS, APRN, FNP-C, AACRN, AAHIVS was formerly on the Advisory Board for ViiV, and is currently a Sub-Investigator for clinical trials with Merck and Gilead Sciences.
- Carole Moore, APRN, MNSc, ACNO-BC, is a Health Coach for Optavia.
- Susan Bowlin, DNP, APRN, FNP-BC, ACNP-BC, CBN, is a Speaker for Novo.

All listed disclosures have been resolved via Nurse Planner review of presentation slides. No other relevant financial relationships exist for presenters or planners of this conference.

Conference Policies

Because the conference serves as an open forum, opinions expressed and/or materials distributed by program participants do not necessarily reflect or imply advocacy or endorsement by the Texas Nurse Practitioners, its officers, or members. Texas Nurse Practitioners does not endorse any specific commercial products or services.

Photo Release Statement for Texas Nurse Practitioners (TNP)

TNP has official photographers and videographers at its events and meetings. Photographs and videos taken at TNP meetings may be used in future marketing, publicity, promotions, advertising, and training activities for TNP. By registering for this meeting, you agree to allow TNP to use photographs and video that may include you in all media formats worldwide. You also understand that once your image is posted on TNP's website or social media, the image can be downloaded by any computer. Therefore, you agree to indemnify and hold harmless from any claims Texas Nurse Practitioners. TNP reserves the right to discontinue the use of photos without notice. Should you have any questions, please contact TNP at 512-291-6224.

Questions? Please email bella@texasnp.org.



**Pharmacy
Solutions**

**WE ARE YOUR
COMPOUNDING PHARMACY**

LICENSED IN 46 STATES.

**SCAN
ME!**



AVAILABLE FOR HELP WITH:



Hair Loss Weight Loss Hormones
...and other compounds!

 RXCOMPOUND.COM

 817.274.0050



Save the date

ANNUAL CONFERENCE 2024

Kalahari Resort | Round Rock
September 5-8, 2024



Where NPs get their Texas CEs and more!

JOIN US AT THE PREMIER CONFERENCE FOR TEXAS NPS!

- 20+ hours of CE delivered by top experts
- More hands-on workshops than ever before
- Hot topic sessions
- Poster presentations
- Exhibits and product theaters
- Our legendary member appreciation event
- The best networking of the year

“TNP attracts some of the greatest speakers in our state and beyond.”

“I greatly enjoy TNP’s conferences. This is my 3rd.”

2023 Annual Conference Attendees

