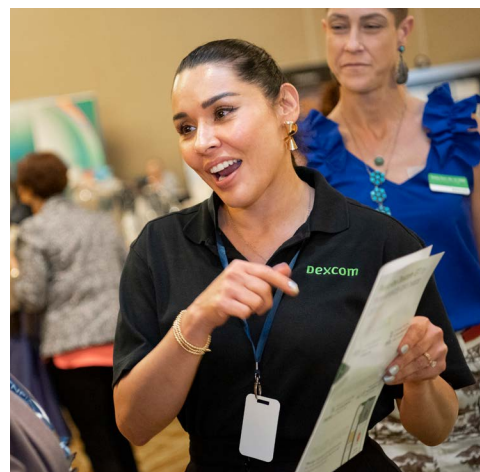




2025 Nurse Practitioner PHARMACOLOGY CONFERENCE + Opioid Pre-Conference

April 10-12, 2025 | San Antonio
Hyatt Regency Hill Country Resort & Spa



Conference Brochure

Earn CEs, stay current, and enjoy yourself!

Please note the agenda and presenters are subject to change.

All sessions and Product Theaters are in Independence Ballroom 5-8 unless otherwise noted.

Thursday | April 10 – Opioid Pre-Conference

| | |
|-----------------------|--|
| 11:00 am | Registration Opens <i>Independence Foyer</i> |
| 1:00 – 3:00 pm | AANP Opioid Session Speaker: Coming Soon |
| 3:00 – 3:15 pm | Break |
| 3:15 – 4:15 pm | Utilizing Opioids in Specialty Areas Speakers: Tracy Hicks, DNP, MBA, FNP-BC, PMHNP-BC, CARN-AP, FIAAN, FAANP, Samantha Garcia, ACNP-BC, Sharon Quigley, APRN, FNP-BC, Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN |
| 4:30 – 5:30 pm | From Opioids to Alternative Therapy Speaker: Sellma Vllasi, FNP-C |
| 6:00 pm | TNP Foundation's Walk and Wine Down <i>Meet at Charlie's Long Bar</i> |

Conference
Registration
is open from
2:30 – 6:30
Independence
Foyer

Friday | April 11 – Pharmacology Conference

| | |
|----------------------------|--|
| 7:00 – 8:30 am | Registration & Coffee <i>Independence Foyer</i> |
| 7:30 – 8:30 am | Product Theater |
| 8:30 – 8:45 am | Welcome Address TNP President Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN |
| 8:45 – 10:15 am | Pediatric Renal Disease Speaker: Katie Sigler, MSN, CPNP-AC |
| 10:15 – 10:45 am | Coffee Break – Exhibit Hall & Silent Auction <i>Independence 1-4</i> |
| 10:45 am – 12:15 pm | Pharmacology Viral Update Speaker: Mike Brode, MD |
| 12:15 – 1:15 pm | Lunch Concession, Exhibit Hall, Silent Auction, Product Theater <i>Independence Foyer & Independence 1-4</i> |
| 1:15 – 2:45 pm | Pulmonary Pneumonia Diagnosis & Treatment Speaker: Domonique Fontenot, MSN, APRN, AGACNP-BC |
| 2:45 – 3:15 pm | Break – Exhibit Hall <i>Independence 1-4</i> Exhibits close at 3:15 for the day |
| 3:15 – 4:45 pm | First Contact Migraine Speaker: Karen Williams, DNP, FNP-BC, FAANP, AQH |

All sessions and Product Theaters are in Independence Ballroom 5-8 unless otherwise noted.

Saturday | April 12 – Pharmacology Conference

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|----------------------------|--|
| 7:00 am | Registration & Coffee Service Opens <i>Independence Foyer</i> |
| 7:30 – 8:30 am | Breakfast Concessions, Exhibit Hall, Product Theater <i>Independence 1-4</i> |
| 8:45 – 10:15 am | Bugs and Drugs Speaker: Rachel Reitan, DNP, FNPc, MSN-Ed, CWS |
| 10:15 – 10:45 am | Coffee Break – Exhibit Hall <i>Independence 1-4</i> Silent Auction closes at 10:45 |
| 10:45 am – 12:15 pm | Menopause Update Speaker: Shelagh Larson, DNP, APRN, WHP, NCMP, IF |
| 12:15 – 1:00 pm | Lunch Concessions, Exhibits, Product Theater <i>Independence 1-4</i> Exhibit Hall Closes at 1:15 |
| 1:15 – 2:45 pm | Pharmacologic Management in Child Sexual Abuse Speaker: Sandra Onyi, APRN, PNP-PC |
| 2:45 – 3:00 pm | Break |
| 3:00 – 4:30 pm | Biologics, DMARDs, and Geriatric Medications Speakers: Susan Quisenberry, DNP, APRN, CNP, FNP-C, and Susan Chrostowski, DNP, APRN, AGNP-C |



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Book your room today.

[Click here](#) to make your hotel reservation or contact the Hyatt directly by calling (210) 647-1234. Please be sure to tell them you're with Texas Nurse Practitioners.

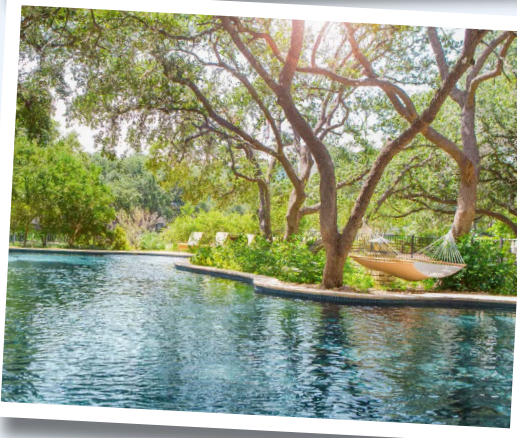
The negotiated room rate is \$233 for single/double, \$254 for triple, and \$279 for quad, plus a waived daily resort fee (usually \$35). Based on availability through March 28, 2024.

Valet Overnight – \$40.00

Self-Parking Overnight – \$20.00

Day Valet – \$40.00

Self-Parking Per Day – \$8.00



We're here to assist you.

Please email bella@texasnp.org if you have questions.

OPIOID PRE-CONFERENCE

Program Sessions | Thursday, April 10, 2025

1:00 - 3:00 pm | AANP Opioid Session

This case-based presentation covers the FDA blueprint for opioid REMS education. Other topics discussed will cover complete psychosocial and medical history, biology and types of pain, creating a pain treatment plan (including PDMP, RX, and special populations), educating patients and caregivers (informed consent and PPAs included), managing patients on opioid analgesics and OUD (stigma and pathophysiology of SUD, medications to treat OUD).

Speaker: Coming soon

3:15 - 4:15 pm | Utilizing Opioids in Specialty Areas

Join this panel of APRNs as they discuss the use of opioids across various specialties, including hospice, surgery post-op, MH/addiction, EDs & UCs.

Speakers:

Dr. Tracy Hicks, DNP, MBA, APRN, FNP-BC, PMHNP-BC, CARN-AP, FIAAN, FAANP

Dr. Hicks is a seasoned speaker with extensive experience presenting nationwide on topics such as Diversity, Equity, Inclusion, and Belonging (DEIB), Social Determinants of Health (SDoH), Emotional Intelligence (EI), Leadership, and substance use disorder treatment. She also serves as an advisor and consultant within the pharmaceutical industry. Certified in addictions nursing, Dr. Hicks was inducted into the Fellows of the International Academy of Addiction Nurses in 2019 and the American Association of Nurse Practitioners in 2021.

Samantha Garcia, ACNP-BC

Samantha is an ACNP-BC at Houston Methodist. She currently works in the ICU.

Sharon Quigley, APRN, FNP-BC

Sharon has been a Family Nurse Practitioner since 2007. She is a retired Army Nurse Corps Officer. She received her BSN from Pacific Lutheran University; her MSN from the University of Phoenix in Honolulu, Hawaii; and her DNP from Baylor, Louise Herrington School of Nursing. She is currently a Clinical Assistant Professor at Baylor, Louise Herrington School of Nursing in the Doctorate/Nurse Practitioner Program. She previously worked in pain management, neurosurgery, ortho-spine, pre-op anesthesia, and primary care.

Dr. Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN

Dr. Pérez is a practicing full-time board-certified adult and geriatric nurse practitioner who also subspecializes in palliative and hospice care. Renowned for her expertise, she is a highly regarded educator, author, speaker, leader, public servant, bill drafter and preceptor for health care clinicians. She is actively involved in public health and participates in disaster preparedness and relief efforts. She serves in multiple health care, professional organizations, and veteran organizations.

4:30 - 5:30 pm | From Opioids to Alternative Therapy

Our expert presenter explores alternative options to opioids as well as a route to weening off of them in an evidence-based way and safe environment.

Speaker: Sellma Vllasi, FNP-C

Sellma received a Bachelor's Degree in Nursing from Texas Tech Health Sciences Center, Lubbock, Texas, and her Master of Science in Nursing from The University of Texas at Austin, with post-graduate certification by the Texas Board of Nursing as a Nurse Practitioner specializing in Family Care. With over ten years nursing experience in women's health as well as chronic disease management and prevention, Ms. Vllasi has a keen interest in preventive medicine, functional medicine, women's health, bioidentical hormone replacement therapy, integrative medicine, alternative medicine, pediatrics, and comprehensive health care for the family across the lifespan.

PHARMACOLOGY CONFERENCE

Program Sessions | Friday, April 11, 2025

8:30 – 8:45 am | Welcome Address

TNP President Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN

8:45 – 10:15 am | Pediatric Renal Disease

Join this interactive session on common pediatric renal diseases and hypertension, focusing on pharmacological treatment in the pediatric setting.

Speaker: Katie Sigler, MSN, CPNP-AC

Katie is an Acute Care Pediatric Nurse Practitioner for the Nephrology service at Texas Children's Hospital in the Woodlands. She has experience as a PNP in the Dialysis and Apheresis service and the Emergency Center at TCH. Her current role and research focus on the ambulatory setting and children with renal disease and pediatric hypertension. She has served as President of the Houston Chapter of NAPNAP and most recently served on the board as Community Outreach Chair.

10:45 am – 12:15 pm | Pharmacology Viral Update

This session will provide an in-depth review of diagnosing and managing COVID-19, RSV, and influenza in adult patients. The session will focus on epidemiological trends, identifying high-risk individuals, the latest pharmacologic treatment options, and advances in vaccine prevention. With a thorough analysis of clinical guidelines and evidence-based practices, this session will equip healthcare professionals with the knowledge needed to optimize patient care and improve outcomes in the face of these viral challenges.

Speaker: Dr. W. Mike Brode, MD, FACP

Dr. Brode is a board-certified internal medicine specialist and assistant professor in the Department of Internal Medicine at Dell Medical School. He serves as the medical director of UT Health Austin's Post-COVID-19 Program and is a practicing hospitalist at Dell Seton Medical Center. As a clinician-educator, Dr. Brode emphasizes patient-centered care, focusing on evidence-based diagnosis and comprehensive treatment for vulnerable populations.

1:15 – 2:45 pm | Pulmonary Pneumonia Diagnosis & Treatment

This session will cover the diagnosis and management of pneumonia, including a detailed discussion of risk factors and diagnostic criteria. The presenter will also explore treatment strategies, comparing approaches for inpatient and outpatient care.

Speaker: Dominique Fontenot, MSN, APRN, AGACNP-BC

Dominique has 13 years of experience in the nursing field, primarily in critical care, with the last five years practicing as an AGACNP-BC. She began her APRN journey in critical care and has since transitioned to working with the pulmonary department of Houston Methodist Hospital Baytown.

PHARMACOLOGY CONFERENCE

Program Sessions | Friday, April 11, 2025 (continued)

3:15 – 4:45 pm | First Contact Migraine

Migraine is a chronic disease that is underdiagnosed, undertreated, and affects over 1 billion people worldwide. The condition can be very disabling and affects 1 in 5 women, largely due to the fluctuations in hormones during the woman's reproductive years. This presentation reviews the epidemiology of migraine, how to diagnose migraine, and the appropriate acute and preventative treatments, including information on migraine and menstruation, contraception, pregnancy, and breastfeeding.

Speaker: Dr. Karen Williams, DNP, FNP-BC, FAANP, AQH

Dr. Williams brings 40 years of experience in healthcare, specializing in an integrative approach to pain and headache management. Before retiring from the VA, she served on the Office of Nursing Service Pain Committee as a subject matter expert in alternative medicine and acupuncture for pain relief in veterans. In 2013, she completed a 300-hour medical acupuncture program and holds national certification in auricular acupuncture and certification as a Battlefield Acupuncture Instructor.

Program Sessions | Saturday, April 12, 2025

8:45 – 10:15 am | Bugs and Drug: Microbiology Overview and Antimicrobial Prescribing for the NP

Attend this session to gain an overview of essential microbiological diagnostics and their application in identifying and treating common bacterial infections in both inpatient and outpatient settings. The session will cover the appropriate selection and duration of antimicrobial therapies while emphasizing the critical role of antimicrobial stewardship in diagnostics and prescribing practices.

Speaker: Dr. Rachel Reitan, DNP, FNPc, MSN-Ed, CWS

Rachel has worked as an Infectious Disease NP in inpatient and outpatient settings for almost a decade. She chairs the Infection Control and Antimicrobial Stewardship Committees at United Regional Hospital in Wichita Falls. She has been a board-certified wound care specialist since 2017, and for her 2019 DNP project, she wrote about the indication for systemic antimicrobials in chronic wounds, published in Wound Research.

10:45 am – 12:15 pm | Menopause Update

This session will guide you through the normal physiological changes of menopause, provide a comprehensive overview of the Women's Health Initiative (WHI) study, and review key follow-up research findings. Additionally, it will cover the menopausal hormone therapy regime, equipping you with the knowledge and confidence to prescribe hormones effectively.

Speaker: Dr. Shelagh Larson, DNP, APRN, WHP, NCMP, IF

As an NP, Dr. Larson has specialized in women's healthcare for the past 17 years. While she has provided lectures across the country on all subjects related to the lifespan of women's health care, she has a fondness for her peers in Texas. She is a nationally certified menopause provider and a sexual health fellow granted by ISSWSH. She has served five years on the NPWH Board and almost 10 for TNP.

PHARMACOLOGY CONFERENCE

Program Sessions | Saturday, April 12, 2025 (continued)

1:15 – 2:45 pm | Pharmacologic Management in Child Sexual Abuse

Child sexual abuse remains a critical issue in this country, posing numerous challenges for affected children, especially regarding their physical health. This presentation will provide a concise overview of child sexual abuse and focus on the medications used to treat STIs in these cases. It will also explore unique situations, such as human trafficking, where standard treatment protocols may need to be adapted.

Speaker: Sandra Onyi, APRN, PNP-PC

Sandra is a certified pediatric nurse practitioner specializing in child maltreatment in the REACH (Referral and Evaluation of At-Risk Children) Clinic. She has worked in this field since 2002. She is employed by the University of Texas Southwestern Medical Center and is the SANE (sexual assault nurse examiner) training facilitator for Children's Health Children's Medical Center. She is also a reviewer for the Journal of Pediatric Healthcare.

3:00 – 4:30 pm | Biologics, DMARDs, and Geriatric Medications

This presentation explores the complexities of prescribing medications for the geriatric population, focusing on optimizing treatment while minimizing adverse effects. Our presenters will provide an in-depth overview of biologic Disease-Modifying Anti-Rheumatic Drugs (DMARDs) and their relevance in the gerontology patient population, discussing their mechanisms of action, clinical applications, and considerations for use in older adults. This session will equip nurse practitioners with the knowledge to make informed decisions in managing chronic conditions and comorbidity risks in the elderly.

Speaker: Dr. Susan Quisenberry, DNP, APRN, CNP, FNP-C, and Dr. Susan Chrostowski, DNP, APRN, AGNP-C

Dr. Quisenberry is a clinical professor at Texas Woman's University College of Nursing. She is a certified family nurse practitioner and, for the past 15 years, has worked exclusively with rheumatology clients. Her practice and scholarship activities are focused on patients with rheumatoid arthritis. She served as a clinical sub-investigator on over 150 rheumatology-focused clinical trials and published articles related to rheumatologic conditions.

Dr. Chrostowski is an associate clinical professor at Texas Woman's University and a practicing certified adult nurse practitioner. She has been working exclusively in rheumatology since 2005. Beyond her ongoing clinical practice with rheumatology patients, she has presented at local and national conferences on rheumatologic conditions, published articles related to rheumatology conditions, and served on multiple national rheumatology committees. Dr. Chrostowski is currently a board member on the American Board of Internal Medicine – Rheumatology Sub-Specialty Board.

TNP membership pays for itself through significant discounts, free CEs, and more! Join today to enjoy special member pricing on your conference registration. [Click here](#) to become a TNP member.

Register by April 3, 2025:

| | Members | Non-Members |
|--------------------------------|---------|-------------|
| Thursday Opioid Pre-Conference | \$135 | \$235 |
| Thursday, Friday & Saturday | \$495 | \$695 |
| Friday & Saturday | \$360 | \$560 |
| Friday Only | \$180 | \$280 |
| Saturday Only | \$180 | \$280 |

Register on or after April 4, 2025:

| | Members | Non-Members |
|--------------------------------|---------|-------------|
| Thursday Opioid Pre-Conference | \$185 | \$285 |
| Thursday, Friday & Saturday | \$545 | \$745 |
| Friday & Saturday | \$410 | \$610 |
| Friday Only | \$205 | \$330 |
| Saturday Only | \$205 | \$330 |

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Cheryl Thaxton, DNP,
APRN, CPNP, FNP-BC,
CHPPN, FPCN, FAANP

TNP member since 2020



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Help TNP Foundation Give Back to Texas NPs

TNP Foundation Silent Auction | April 11-12

Donate a Basket or Item! Questions? Contact connie@texasnp.org.

TNP Foundation's Walk and Wine Down | Thursday, April 10, 6:00 pm

Sponsor TNPF's Walk and Wine Down T-Shirt

Sponsor the Walk T-shirts and have your company logo or name printed on the back in recognition. [Click here](#) to submit your sponsorship. Questions? Contact connie@texasnp.org.

Purchase Your Walk and Wine Down Ticket

Our walk is a crowd-pleaser and a great way to kick off your conference experience. Meet up at Charlie's Long Bar, grab your favorite beverage, and stroll with us around the Hill Country. Tickets are \$75 and support the work of TNP's foundation. Participants will receive a beverage and an exclusive walk t-shirt (while supplies last). Purchase your ticket when registering online to reserve your t-shirt size.

Continuing Education: TNP's 2025 Pharmacology Conference + Opioid Pre-Conference:

This activity is pending 16 CEUs.

Statement:

Texas Nurse Practitioners is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association - Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. LSNA Provider No. 4002640

CE Certificate:

At the end of the TNP Pharmacology Conference + Opioid Pre-Con, you will receive an email from Bella Stewart at TNP to complete your CE Certificate. It will be emailed to you within one hour of submission. If you do not receive it, please email Bella Stewart bella@texasnp.org, and she will send you a copy.

NSO 10% Risk Management Discount

TNP Primary NSO offers TNP's 2025 Pharmacology Conference + Opioid Pre-Conference attendees a 10% Risk Management Discount on Individual Policies. Coverage is available to eligible residents of the United States of America and Puerto Rico.

Disclosures

- Shelagh Larson is a speaker for Organon as a Nexplanon trainer and a speaker for Astellas for non-hormone treatment of menopause hot flashes.
- Mike Brode was consultant to Roon Technology as a strategic advisor in 2023, but is no longer in that position.

All listed above will be resolved via Nurse Planner review of presentation slides. No other relevant financial relationships exist for presenters or planners of this conference.

Conference Policies

Because the conference serves as an open forum, opinions expressed and/or materials distributed by program participants do not necessarily reflect or imply advocacy or endorsement by the Texas Nurse Practitioners, its officers, or members. Texas Nurse Practitioners does not endorse any specific commercial products or services.

Photo Release Statement for Texas Nurse Practitioners (TNP)

TNP has official photographers and videographers at its events and meetings. Photographs and videos taken at TNP meetings may be used in future marketing, publicity, promotions, advertising, and training activities for TNP. By registering for this meeting, you agree to allow TNP to use photographs and video that may include you in all media formats worldwide. You also understand that once your image is posted on TNP's website or social media, the image can be downloaded by any computer. Therefore, you agree to indemnify and hold harmless from any claims Texas Nurse Practitioners. TNP reserves the right to discontinue the use of photos without notice. Should you have any questions, please contact TNP at 512-291-6224.

Cancellation Notice

Conference cancellation requests must be emailed by March 20, 2025, for a refund, minus a \$25 processing fee. Requests should be sent to Bella Stewart at bella@texasnp.org.

No cancellations will be accepted after March 20, 2025. Cancellation refunds will be issued within 4-6 weeks after the conference.