



ANNUAL CONFERENCE 2025

Hilton Anatole | Dallas
September 25-28, 2025



CONFERENCE BROCHURE



JOIN US AT THE PREMIER CONFERENCE FOR TEXAS NPS!

- Top experts, 40+ education sessions
- More hands-on workshops than ever before
- Poster presentations
- Exhibits and product theaters
- Our legendary member appreciation event
- The best networking of the year

**Earn up to 24 CEs in person plus
12 additional CEs on-demand when
you register for the full conference!**



Stampede into the Big-D for TNP’s 2025 Annual Conference!

There’s no better place to fuel your passion for lifelong learning than at Texas Nurse Practitioners’ 2025 Annual Conference in Dallas!

Join hundreds of NPs from across Texas for three days of evidence-based education, clinical skill-building, and professional growth — all designed to strengthen your practice and advance your career.

Experience it all at the Hilton Anatole:

- 24 CE hours from expert speakers
- Hands-on workshops and clinical updates
- Networking events, including the TNP Member Appreciation Night
- Wellness activities like Sunrise Yoga and TNP’s Walk & Wine Down
- Relaxation time at the JadeWaters Pool Complex and Verandah Spa

Be inspired. Build your skills. Grow your NP network.



Don’t miss the biggest TNP event of the year! Register today! #TNP2025Annual



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TNP Leadership

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Conference Policy

Because the conference serves as an open forum, opinions expressed and/or materials distributed by program participants do not necessarily reflect or imply advocacy or endorsement by the Texas Nurse Practitioners, its officers, or members. Also, Texas Nurse Practitioners does not endorse any specific commercial products or services.

Sessions

All sessions will be held at the Hilton Anatole in Dallas, Texas. Name badges are required for admission to every session. Every attempt has been made to match room size to the presentation; however, attendance is not always predictable. Admittance to all sessions will be based on pre-registration priority. Room capacity will be strictly enforced. No additional chairs will be added. Standing and sitting on the floor will be prohibited. If a session is full, please find another to attend.

On-Site Conference Registration

Wednesday, September 24, 3:00 pm – 7:00 pm

Thursday, September 25, 7:00 am – 7:00 pm

Friday, September 26, 7:00 am – 5:00 pm

Saturday, September 27, 7:00 am – 5:00 pm

Sunday, September 28, 7:00 am – 12:00 pm

Exhibits

Exhibitor participation greatly enhances the quality of the TNP Conference each year. Exhibitor support and generosity have provided many of the special events and featured speakers. Please allow plenty of time to visit the exhibit hall, browse through the materials, and speak with representatives. Exhibits are located in the Trinity Exhibit Hall.

Exhibit Hall Hours

Thursday, September 25, 5:00 pm – 7:00 pm

Friday, September 26, 8:00 am – 4:45 pm

Saturday, September 27, 8:00 am – 1:30 pm

Survey and CE Forms

Post conference, you will receive an email containing a link to complete the conference survey, which will provide TNP and the presenters with valuable feedback for planning future events. Additionally, you will receive a separate link to complete your Continuing Education (CE) Certificate. Both links will be emailed to you within one hour of the event's conclusion.

TRACK DETAILS

For your convenience, we have listed the programs, grouped by track, being offered at the Annual Conference. Many of the programs are on family practice topics, but if you are looking for a particular track, please see the programs below.

Acute: S23, S25, S27

Geriatric: WS01, WS03, WS07, WS08, F02, F03, F04, F05, F06, F10, F12, S13, S15, S16, S21, S22, S28

Pediatrics: F07, F11, S19,

Women's Health: F08, S14, S26,

Psych/Mental Health: F02, F10, F11

Practice/Professional: S20, S24, S28

Skills: F03, S23, WS02, WS03, WS05, WS06, WS07

Texas Specifics: WS01, WS08, WS09, F01, F02, F06, F08, F10, F12, S19, S26, S27

In addition, if a session or workshop includes any of the following hours required by the Board of Nursing, that information will be included with the description.

Pharmacology (RX): WS01, WS02, WS04, WS05, WS06, WS08, F01, F02, F05, F06, F08, F09, F10, F11, F12, S13, S16, S17, S18, S21, S22, S15, S26

Ethics/Jurisprudence (E/J): WS04, WS09, F06, GS06, S14, S20, S27

Geriatrics (G): WS01, WS04, WS08, F02, F03, F04, F05, F06, F10, F12, S13, S16, S21, S22

Opioids (O): F07, F10

Please see the following pages of the conference brochure for a description of each workshop and session offered.

SESSIONS THAT FULFILL TEXAS CE REQUIREMENTS

**Need Texas-Specific CE?
Register for these sessions to
meet Texas requirements!**

Geriatrics:

F02 Geriatric Mental Health Disorder Management (1 G)
F06 Dementia Assessment with the SLUMS Test (.5 G)
F10 Stroke Impact: Care Burden and Caregiver Strain (.5 G)
S15 Non-Alcoholic Fatty Liver Disease (.5 G)
S16 Deprescribing Strategies for Older Adults (1 G)
S21 Ischemic Stroke Risk Factors (1 G)

Earn a total of 4 G hours to meet your Texas-Specific Geriatrics Requirement by registering for these courses.

Opioids:

F07 Substance Use Trends in Youth (.5 O)
F10 Stroke Impact: Care Burden and Caregiver Strain (1 O)
Earn a total of 1.5 O hours to count towards your Texas-Specific Opioids Requirement by registering for these courses..

RX:

F01 Addressing Diabetic Drug Challenges (1 RX)
F08 Menopause and Cardiometabolic Wellness (1 RX)
F12 T1.5 Diabetes Mellitus and Hypercortisolism (1 RX)
S16 Deprescribing Strategies for Older Adults (1 RX)
S17 Congestive Heart Failure with Preserved Ejection Fraction (.5 RX)
S19 Pediatric Vaccination and Disease Prevention (1 RX)
S22 Cardiac Complications in Cancer Patients (.5 RX)
S26 Intermittent Fasting: A Lifestyle for Health and Weight Management (.5 RX)

Earn a total of 5.5 RX hours to meet your Texas-Specific RX Requirement by registering for these courses

Ethics/Jurisprudence:

F06 Dementia Assessment with the SLUMS Test (1 E/J)
S14 Early Pregnancy Care for FNP's (.5 E/J)
S20 Starting a Clinic: Initial Steps for NPs (.5 E/J)
S27 Trauma-Informed Care in Clinical Practice (1 E/J)
WS09 NP Scope of Practice and Texas Law Overview with Q&A (1 E/J)

Earn a total of 4 E/J hours to meet your Texas-Specific E/J Requirement by registering for these courses.

PROGRAM AT A GLANCE

Please note that the agenda and presenters are subject to change.

Lunch will be included for those who complete online registration by Thursday, September 18.

Wednesday | September 24 – Registration and Check-in

3:00 pm – 7:00 pm Registration and Check-in (Reg Desk – Peacock Lobby)

Thursday | September 25 – Annual Pre-Conference

7:00 am – 7:00 pm Registration and Check-in (Reg Desk – Peacock Lobby)

7:45 am – 8:45 am **Breakfast Product Theater** Sponsored by Novo Nordisk MASH (Non-CE; Wedgwood Ballroom, Capacity 200) or Breakfast on your own

9:00 am – 12:15 pm **AM Workshops**

12:30 pm – 1:30 pm **Lunch Product Theaters** Sponsored by Acella Pharmaceuticals, LLC: An Individualized Approach to Managing Hypothyroidism for Nurse (Non-CE; Wedgwood Ballroom, Capacity 200) Sponsored by Sanofi Pharmaceutical (Non-CE; Peacock, Capacity 150)

1:45 pm – 5:00 pm **PM Workshops**

5:00 pm – 7:00 pm **Exhibit Hall Opens | Industry Poster Presentations (Trinity Exhibit Hall)**

7:15 pm – 8:45 pm **Thursday General Session** (open to any registrants – Wedgwood)

Friday | September 26 – Annual Conference

All general sessions are in Trinity Ballroom unless otherwise noted.

7:00 am – 5:00 pm Registration and Check-in (Peacock Lobby)

7:45 am – 8:45 am **Breakfast Product Theaters** Sponsored by AbbVie; HCV Elimination (Non-CE; Wedgwood Ballroom, Capacity 200) Sponsored by Exact Sciences Exact Sciences: Cologuard and Cologuard Plus (Non-CE; Peacock, Capacity 150) or Breakfast on your own

9:00 am – 9:45 am **GS01: Welcome Address and Membership Meeting**

9:45 – 10:45 am **GS02: Keynote Presentation “The Impact of Your Leadership Presence”** by Katie Niemeyer

10:45 – 11:15 am **Break / Exhibits / Silent Auction Opens (Trinity Exhibit Hall)**

11:15 am – 12:15 pm **GS03: Legislative General Session** by Erin Cusack

12:30 pm – 1:30 pm **Lunch Product Theaters** Sponsored by Sanofi (Non-CE; Wedgwood Ballroom, Capacity 200) Sponsored by Novo Nordisk: A Triad of Diseases: A Treatment Strategy for Patients with T2D, CVD, and CKD (Non-CE; Peacock Lounge, Capacity 150) or **Market Style Lunch (Trinity Exhibit Hall)**

1:45 pm – 2:45 pm **First Breakout Session**

2:45 – 3:15 pm **Break / Exhibits / Silent Auction (Trinity Exhibit Hall)**

3:15 pm – 4:15 pm **Second Breakout Session**

4:15 pm – 4:45 pm **Break / Silent Auction / Exhibits (Trinity Exhibit Hall) Poster Presentations (.5 CE)**

4:45 pm – 5:45 pm **Third Breakout Session**

6:00 pm **Small Dinner Presentation (50 attendees, by registration only, SĒR Steak + Spirits)** Sponsored by Kyowa Kirin: X Linked Hypophosphatemia

7:00 pm **Free TNP Member Appreciation Event on the lawn**

Exhibit Hall
Opens at
8:00 am

Exhibit Hall
Closes at
4:45 pm

PROGRAM AT A GLANCE (CONTINUED)

Saturday | September 27 – Annual Conference

All general sessions are in Trinity Ballroom unless otherwise noted.

Wear your Heal
Texas shirt for
a Group Photo
in the General
Session Room
after the Awards
Ceremony

Silent Auction
Closes at 11:15 am

7:00 am – 5:00 pm	Registration and Check-in (TNP Registration Desk – Peacock Lobby)
7:45 am – 8:45 am	Breakfast Product Theater Sponsored by Novo Nordisk: Rybelsus (Non-CE; Wedgwood Ballroom, Capacity 200) or Breakfast on Your Own
7:45 am – 8:45 am	PAC Breakfast Fundraiser (\$75 ticketed event; Peacock Lounge)
9:00 am – 9:45 am	Exhibit Hall Opens (Trinity Exhibit Hall)
9:00 am – 10:00 am	GS04: Board Installation and Awards Ceremony
10:00 am – 10:45 am	GS05: DEA Presentation: Prescription Abuse
10:45 am – 11:15 am	Break / Silent Auction / Exhibits (Trinity Exhibit Hall) Poster Presentations (.5 CE)
11:15 am – 12:15 pm	First Breakout Session
12:30 – 1:30 pm	Lunch Product Theaters: Sponsored by Amarin Pharma: VACEPA & Cardiovascular Risk Reduction (Non-CE; Wedgwood Ballroom, Capacity 200) Sponsored by AstraZeneca: Presentation by Jeremy Chen, PharmD: Rethinking Hyperkalemia Management in Patients on RAASi Therapy (Peacock Lounge, Capacity 150) or Market Style Lunch (Trinity Exhibit Hall)
1:30 pm	Trinity Exhibit Hall Closes
1:45 pm – 2:45 pm	Second Breakout Session
2:45 pm – 3:00 pm	Break
3:00 pm – 4:00 pm	Third Breakout Session
4:00 pm – 4:15 pm	Break
4:15 pm – 5:15 pm	Fourth Breakout Session
5:30 pm – 6:30 pm	TNPF Walk and Wine Down (\$75 ticketed event; Gossip Bar)
6:30 pm	Small Dinner Presentation (50 attendees, by registration only, SĒR Steak + Spirits) Sponsored by JayMac Pharmaceuticals: EnLyte Gel Cap

Sunday | September 28 – Annual Conference

7:00 am – 12:00 pm	Registration and Check-in (TNP Registration Desk – Peacock Lobby)
7:00 am – 7:45 am	Sunrise Yoga on the lawn
7:45 am – 8:45 am	Breakfast Product Theater Sponsored by AbbVie: Managing Depression in MDD (adjunctive) and BiPolar 1 Patients (Non-CE; Wedgwood Ballroom, Capacity 200) or Breakfast on your own
9:00 am – 9:15 am	Tribute to Dr. Loretta Ford, EdD, RN, PNP, NP-C, CRNP, FAAN, FAANP
9:15 am – 10:45 am	GS06: AI and Ethics
10:45 am – 11:00 am	Break
11:00 am – 12:30 pm	GS07: Neuroplasticity: Enhancing Clinical Outcomes for Brain-Based Disorders Through Case Studies
12:30 pm – 1:00 pm	Conference Wrap Up

Enjoy Your Stay at the Hilton Anatole, Dallas, Texas



Book your room today.

[Click here](#) to make your hotel reservation. Please be sure to tell them you're with Texas Nurse Practitioners.

The negotiated room rate is \$209 for a Standard King Bed/Standard 2 Bed.

Check in 3:00 pm
Check out 12:00 pm

Room rates are based on availability through September 3, 2025.

The hotel has negotiated an optional \$25.00 resort fee for our group. If you wish to take advantage of this, you will obtain:

- Two Complimentary bottles of water in the room upon arrival
- Guest room Standard WiFi for up to 3 devices (\$9.95 value)
- Access to Verandah Health Club (\$16.95 value)**
- 15% off V-Spa Services (Average savings of \$22)
- Complimentary breakfast for kids 9 and under*
- Access to *JadeWaters* Resort Pool (seasonal) for registered guests***

*One free kid's breakfast meal per adult paid entrée, 9 years old or younger

**Must be 16 years of age or older to access

***Wristbands required for entry and re-entry

Self-Parking

Daily Self-Parking - Up to \$37
Overnight Self-Parking - Up to \$37

Valet Parking

Daily Valet - Up to \$55
Overnight Valet - Up to \$65

Payment

Overnight guests will have parking charges added to their guestroom final bill.

Daily drive-in guests can either pay at the Front Desk, scan the Barcode on their parking pass, or pay at the exit kiosk in each self-parking lot.



We're here to assist you. Please email bella@texasnp.org if you have questions.

9:00 am – 12:15 pm | Morning Workshops

WS01: Advances in Adult Cardiovascular Pharmacology (3.25 CE, 3.25 RX, .5 G)

This pharmacology workshop will assist attendees in understanding pharmacotherapeutic agents for the management of cardiovascular diseases across the illness spectrum, from ambulatory management to critical management of acutely ill patients. We will explore emerging pharmacotherapies in the management of congestive heart failure, hypertension, atrial fibrillation/atrial flutter, pulmonary hypertension, coronary artery disease/hyperlipidemia/hypertriglyceridemia, and peripheral vascular disease.

Speaker: Halli Carr, DNP, APRN, ACNP-BC

Dr. Halli Carr is an Acute Care Nurse Practitioner with over 17 years of experience in practice, including ER, ICU, Surgery, Resuscitation, and Cardiovascular medicine. She currently leads the Cardiovascular service line for Baylor Scott & White the Heart Hospital at Baylor Lake Pointe. Dr. Carr is also a Clinical Assistant Professor and DNP-AGACNP Track Coordinator at the Baylor University Louise Herrington School of Nursing, where she teaches Advanced Pharmacology.

WS02: Fundamentals of Suturing Techniques (3.25 CE, .5 RX)

Hands-on workshop teaching the fundamentals and principles of basic suturing for the advanced practice nurse. We will discuss principles of wound healing, various suture materials and instruments, injectable anesthetic options, foundational suturing techniques, and appropriate wound care and follow-up. Hands-on skills demonstrations and practice will be provided by two experienced clinicians in a non-threatening and friendly manner.

Speakers: Antay Waters, DNP, APRN, WHNP-BC, CNM, CRNFA, CNE, C-EFM, CNOR-SURG-OB and Tara Roberts, MSN, APRN, ANP-BC

Dr. Antay Waters is a board-certified women's health nurse practitioner, certified nurse midwife, certified registered nurse first assistant, and certified nurse educator. She is an Assistant Professor at East Texas Baptist University, CNM Hospitalist at CHRISTUS St. Michael & Trinity Mother Frances, and OB Triage APP at JPS Health Network. Dr. Waters has presented and published on topics ranging from women's health to healthcare risk management.

Tara Roberts currently works at the Central Texas VA Health Care System in General Surgery, Colorectal Surgery, and Surgical Oncology. In her role, she performs preoperative assessments, history and physical exams, and post-operative follow-up. As the sole NP for general surgery, she runs minor procedure clinics four days a week in Temple and Austin. Over the past 10+ years, she has had opportunities to lecture on common dermatologic conditions referred to our general surgery minor procedure clinics and teach suturing workshops.

WS03: Alzheimer's Disease and Dementia Care (Part 1) (3.25 CE)

Discover best practices for person-centered dementia care. The courses in the Dementia CEU series were built specifically for nursing professionals but are applicable to many other direct care workers and professionals in the long-term care industry. Please be sure to register for both parts of the workshop to submit for a certification at the end of the course.

Speaker: Coming soon

WS04: Practical Strategies in Obesity Management (3.25 CE, .75 RX)

You're invited to an empowering interactive workshop that dives deep into the science of obesity—beyond the scale. Join expert faculty as they unravel the complex physiology of energy balance, explore how dysregulation leads to obesity, and highlight the powerful impact of excess adipose tissue on health and chronic disease. Gain valuable insights into why long-term weight loss is so challenging due to biologic adaptation, and discover the latest on the safety, efficacy, and dosing of obesity medications. From practical strategies for lifestyle counseling in primary care to proven ways to combat obesity bias and stigma in healthcare, this session is packed with actionable knowledge to elevate your clinical impact and enhance patient care. Don't miss this chance to lead the charge in transforming obesity management!

Speakers: Dr. Thomas M George Jr., DNP, FNP-C, NASM-CPT, FOMA

Dr. Thomas George is a family nurse practitioner delivering evidence-based, personalized care for people with obesity. His doctoral work focused on translating evidence-based obesity care into primary care clinics. He is a Fellow of the Obesity Medicine Association, adjunct professor of pathophysiology at Northwest Nazarene University in Boise, and former assistant professor at Frontier Nursing University.

1:45 pm – 5:00 pm | Afternoon Workshops

WS05: IUD Insertion and Removal (3.25 CE, .5 RX)

Have you wanted to learn more about long-acting reversible contraceptives (LARCs) but worried about your knowledge of the different birth control methods? In this course, we will discuss LARCs, the intrauterine device, and have hands-on practice putting in and removing IUDs. You will walk away knowing the risks and benefits and obtain a certificate indicating that you have the skills to insert and remove all IUDs on the market.

Speaker: Shelagh Larson, DNP, WHNP, MSCP, IF FAANP

Dr. Shelagh Larson is a board-certified Women's Health NP. She has been practicing in Fort Worth for the past 20 years at the county hospital clinics. She is a Fellow in ISSWSH and MSCP for The Menopause Society. Dr. Larson has dedicated six years of service on the NPWH Board, over 10 years to the TNP Board, and four years as the North Texas State Liaison for AANP.

WS06: Advanced Suturing Techniques (3.25 CE; .5 RX)

This hands-on workshop goes beyond the fundamentals and principles of basic suturing and introduces additional suturing and knot-tying techniques for the advanced practice nurse. Disclaimer: This course will not accommodate a beginner. Registrants either need to do the basic suturing workshop (WS04) offered in the morning, have previously completed the basics course, or be proficient in basic stitches such as interrupted and continuous, and knot tying.

Speakers: Dr. Antay Waters, DNP, APRN, WHNP-BC, CNM, CNE, CRNFA and Tara Roberts, MSN, APRN, ANP-BC

Dr. Antay Waters is a board-certified women's health nurse practitioner, certified nurse midwife, certified registered nurse first assist, and certified nurse educator in East Texas. Her nursing career has spanned CVICU, OR, PACU, L&D, and OB Triage. Dr. Waters has presented and published on topics ranging from women's health, postoperative pain management, and cardiovascular health to healthcare risk management through error reduction.

Tara Roberts currently works at the Central Texas VA Health Care System in General Surgery, Colorectal Surgery, and Surgical Oncology. In her role, she performs preoperative assessments, history and physical exams, and post-operative follow-up. As the sole NP for general surgery, she runs minor procedure clinics four days a week in Temple and Austin. Over the past 10+ years, she has had opportunities to lecture on common dermatologic conditions referred to our general surgery minor procedure clinics and teach suturing workshops.

WS07: Alzheimer's Disease and Dementia Care (Part 2) (3.25 CE)

Discover best practices for person-centered dementia care. The courses in the Dementia CEU series were built specifically for nursing professionals but are applicable to many other direct care workers and professionals in the long-term care industry. Please be sure to register for both parts of the workshop to submit for a certification at the end of the course.

Speakers: Coming soon

WS08: Management of Diabetes Mellitus in 2025 (3.25 CE, 1 RX, .5 G)

Management of Diabetes in 2025 is a workshop discussing the current standards of care in managing diabetes mellitus. Topics include formulating a patient-centered, safe, and effective diabetes management plan based on a comprehensive medical evaluation. The program will be interactive and based on case presentations. Current recommendations for medication management and diabetes technology will be discussed.

Speaker: Celia Levesque, MSN, RN, NP-C, CNS-BC, CDCES, NC-ADM

Celia Levesque is an Advanced Practice Provider for the Department of Endocrine Neoplasia and Hormonal Disorders at MD Anderson Cancer. She has been a Diabetes Care and Education Specialist since 1986 and Board Certified in Advanced Diabetes Management since 2003, and she is currently a Board-Certified Clinical Nurse Specialist and a Family Nurse Practitioner.

7:15 pm – 8:45 pm | Evening Session open to all conference registrants

WS09: NP Scope of Practice and Texas Law Overview with Q&A (1.5 CE)

The scope of practice for the nurse practitioner goes beyond the Texas Board of Nursing's Nurse Practice Act and regulations. Additional Texas State laws have an impact on the NP's scope of practice. This session will explore how Texas State laws shape the nurse practitioner's scope of practice.

Speakers: John Gonzalez, DNP, APRN, ACNP-BC, ANP-C, CNE and Kristin Gigli, PhD, APRN, PNP-AC

Dr. John Gonzalez is a dual licensed Acute Care and Adult Nurse Practitioner. He teaches full time at the University of Texas at Tyler and has his own telemedicine practice, Holistic

Integrative Health, where he practices functional medicine. He is an accomplished presenter and published author on nurse practitioner scope of practice issues and is Texas Nurse Practitioners' Practice Consultant.

Dr. Kristin Hittle Gigli's research examines the roles of the advanced practice providers providing care to hospitalized children and policies related to nurse practitioner scope of practice. Kristin works in the Pediatric Intensive Care Unit at Children's Health Dallas and is a past board member of the National Association of Pediatric Nurse Practitioners. She is the current liaison to the American Academy of Pediatrics Committee on Hospital Care.

9:00 – 9:45 am

GS01: Welcome Address (.75 CE)

TNP President Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN

9:45 – 10:45 am

GS02: Keynote Presentation – “The Impact of Your Leadership Presence” (1 CE)

This year’s keynote presenter will share ten lessons from surviving the Burn Unit and incorporate tools for personal and professional growth. Surviving a severe medical ordeal, like an experience in the burn unit due to Stevens-Johnson syndrome (SJS), teaches invaluable lessons. These lessons can be powerful tools to enhance your life and career, fostering resilience, empathy, and leadership.

Speaker: Katie Niemeyer

Katie Niemeyer, speaker, philanthropist, entrepreneur, and CRNA, relentlessly encourages others to overcome obstacles and reach new goals. As a teen, Katie nearly died in a hospital burn unit in St. Louis, Missouri, where she suffered from an adverse reaction to medication, a rare condition called Stevens-Johnson syndrome or SJS.

Over the last thirty-five years, she has drawn on her lifetime experiences as a SJS survivor, medical professional, and competitor to inspire people to attain more out of life and cross their own finish lines.

11:15 am – 12:15 pm

GS03: Legislative General Session (1 CE)

Speaker: Erin Cusack, TNP Government Affairs Director

Erin Cusack is TNP’s Government Affairs Director with extensive public affairs and grassroots advocacy experience at state, national, and international levels. Previously, she was a Policy Analyst for State Rep. Eddie Rodriguez, focusing on health care and liaising with the Women’s Health Caucus, and a Public Policy and Community Engagement Coordinator for Maternity Care Coalition in Philadelphia (2011-2013), managing advocacy campaigns on health care reform and maternity services. She holds a Political Science degree from Temple University and a Master’s in Global Policy Studies from UT-Austin’s Lyndon B. Johnson School of Public Affairs.

1:45 pm – 2:45 pm | First Breakout Session

F01: Addressing Diabetic Drug Challenges (1 CE, 1 RX)

Although Nurse Practitioners (NPs) have been integral in diabetes management for years, they often face challenges when prescribing diabetic medications. This session will provide an overview of the various classes of diabetic drugs and their common side effects, with a specific focus on newer medications, helping NPs make informed choices tailored to individual patients. Additionally, strategies for securing insurance coverage and effectively managing side effects to improve medication adherence will be explored.

Speakers: Valerie Miller, PhD, APRN, FNP-C and Amy Roberts Huff, PhD, APRN, FNP-BC, CNE, FAANP

Dr. Miller is a Clinical Associate Professor of Nursing at UT Tyler. She has been an NP for 13 years, predominantly in endocrinology, and teaches advanced pharmacology.

Dr. Huff is a Professor of Nursing at UT Tyler. She has practiced for over 39 years as an FNP and has been teaching FNP students for 32 years.

F02: Geriatric Mental Health Disorders (1 CE, .5 RX, 1 G)

This session will cover the most common mental health disorders in older adults, along with addressing risk factors for their development. Current evidence-based management strategies will be discussed along with pharmacologic challenges in prescribing for the older adult. The quality of evidence for complementary therapies will also be presented.

Speaker: Susan Calloway, PhD, APRN, FNP-BC, PMHNP-BC, FAANP

Dr. Calloway is a family nurse practitioner and psychiatric-mental health nurse practitioner who established the TTUHSC psychiatric-mental health nurse practitioner program. She has provided primary and mental health care in rural and urban areas and has been a nurse practitioner educator for over 25 years. She has also had a private geriatric practice for 12 years.

F03: Best Practices in Imaging Stewardship (1 CE, .5 G)

This presentation will provide primary care providers (PCPs) with a guide when treating patients with musculoskeletal conditions and ordering imaging. Knowing how to perform a focused exam, documentation, diagnostic testing, and treatment will lower the cost, improve patient outcomes, and expedite referral to orthopaedics.

Speakers: Amelia Leal-Serrata, APRN, FNP-BC and Karen Scherger, APRN, ACNP-BC

Amelia and Karen are Advanced Practice Providers practicing in the Department of Orthopaedics at Parkland Health and Hospital System in Dallas, Texas. This presentation reflects their combined years of experience in orthopaedics and collaboration with orthopaedic surgeons, occupational therapists, physical therapists, and primary care providers within the Parkland Health and Hospital System.

F04: Gut-Brain Axis and Mental Health Innovations (1 CE, .5 G)

This speech highlights the critical connection between gut health and mental well-being. By focusing on the gut-brain axis (GBA), which is a two-way communication system between the gut and brain, with up to 95% of serotonin produced in the gut. Imbalances in the microbiome are now known to contribute to mental health issues like anxiety and depression, particularly in treatment-resistant cases, but are not just being emphasized in traditional medical models. Strategies such as targeted nutrition, microbiome testing, and supplements can help restore balance and improve outcomes for these patients.

Speaker: Lauren Duroy, DNP, APRN, FNP-C, WCS-C, FIM-P, BC-FMP

Dr. Lauren Duroy is a nurse practitioner with 14+ years of healthcare experience. She is a graduate of the University of Oklahoma and Oklahoma City University, where she earned her DNP. She is board-certified through the Academy of Functional Medicine, where she additionally teaches and certifies other providers in Functional Medicine so they too can create sustainable, fulfilling careers.

3:15 pm – 4:15 pm | Second Breakout Session

F05: Immunosuppression: Causes and Clinical Impacts (1 CE, 1 RX, 1 G)

A comprehensive overview of basic immunological principles, commonly encountered immunomodulating treatments and conditions, and the infectious diseases frequently associated with immunodeficiencies for the goal of gaining insights into managing immunosuppressed patients and addressing the unique challenges they face, ultimately improving patient outcomes and care.

Speaker: Dr. Rachel Reitan, DNP, FNP-C, MSNeD, CWS

Dr. Rachel Reitan has worked as an Infectious Disease NP for 10 years in both inpatient and outpatient settings. She chairs the Infection Control and Antimicrobial Stewardship Committees at United Regional Hospital in Wichita Falls. She has been a board-certified wound care specialist since 2017 and is currently studying for her master's degree in Infectious Diseases at Drexel University.

F06: Dementia Assessment with the SLUMS Test (1 CE, 1 RX, .5 G, 1 E/J)

This presentation focuses on defining dementia and assessing for cognitive deficit disorders (CDD) in the geriatric population. An organized approach using assessment, strategies such as the SLUMS and MMSE screening tools, diagnosis, and management utilizing evidence-based practice guidelines and treatment.

Speaker: Dr. Joanne “Jody” Minnick, DNP, APRN, ACNP-BC, FNP-BC

Dr. Minnick is faculty at Betty Irene Moore College of Nursing at UC Davis in the FNP-DNP Program. Dr. Minnick has been practicing for over 13 years as a nurse practitioner (NP) and has a clinical background in military research, emergency medicine, family practice, and geriatrics. Dr. Minnick has been caring for patients at various stages of their lifespan with a focus on geriatrics.

F07: Substance Use Trends in Youth (1 CE, .5 O)

This presentation is for Nurse Practitioners who see adolescents in any setting and will provide information on the current landscape of substance use in youth, including epidemiology, reasons youth use substances, and symptoms that constitute a substance use disorder. Attendees will also receive specific details on how youth obtain/ingest and the associated effects of the substances most used by youth (cannabis, alcohol, nicotine, and opioids).

Speaker: Angela Nash, PhD, APRN, CPNP-PC, PMHS, CARN-AP, FIAAN

Dr. Nash is an Associate Professor at the Cizik School of Nursing at UT Health Houston. As a PNP with 28 years' experience, she is certified in pediatric primary care, mental health, and addictions nursing. She has worked for over a decade with youth who misuse substances and currently treats youth with opioid use disorders. Dr. Nash speaks and publishes widely in these areas.

F08: Menopause and Cardiometabolic Wellness (1 CE, 1 RX)

Perimenopause and menopause significantly impact women's quality of life, elevating risks for cardiometabolic disease and negatively affecting mental health. This presentation will provide an overview of the cardiovascular and emotional changes during the menopausal transition. The speakers will address evidence-based pharmacological and nonpharmacological treatment options to improve mental and cardiometabolic health.

Speakers: Dr. Annie Abraham, DNP, APRN, FNP-BC, CNE, Emily McAllister, DNP, APRN, FNP-BC and Amy Giles, DNP, CNM, CNE, LSMC, FACNM

Dr. Abraham is a Clinical Associate Professor and DNP-Family Nurse Practitioner Track Coordinator at Baylor University's Louise Herrington School of Nursing (LHSON). She has extensively taught in graduate programs and worked as a Family Nurse Practitioner (FNP) across various settings, including primary care, retail health, and pain management. Dr. Abraham currently chairs the TNP's Nominating Committee. She is also a published author and frequent presenter, sharing her expertise on a variety of topics, including cardiometabolic health, faculty burnout, and simulation in nursing education.

Dr. McAllister is a board-certified family nurse practitioner and received the ACCN Excellence in Advancing Nursing Practice award in 2024. She has practiced for 21 years. She has worked in various settings, including primary care, retail health, and

occupational health. She earned her Doctor of Nursing Practice (DNP) degree from Texas Woman's University in 2024. Prior to graduation, her poster presentations received awards at TNP and NONPF for her DNP project and was awarded the ACCN Excellence in Advancing Nursing Practice in 2024. She has also published two manuscripts in the Journal for Nurse Practitioners and one manuscript in The Texas Public Health Journal.

Dr. Giles is a certified nurse-midwife and clinical assistant professor at Baylor University's Louise Herrington School of Nursing. She owns Allen Midwifery & Family Wellness, a full-scope hospital and birthing center practice in Allen, Texas. She is certified in lifestyle medicine and focuses her practice on treating modifiable risk factors through holistic interventions. Her focus is on women's health and menopause. She volunteers as treasurer of her state affiliate of the American College of Nurse-Midwives and advocates for practice change for APRNs in Texas through the Nursing Legislative Agenda Coalition. She was inducted as an ACNM Fellow in 2024.

4:45 pm – 5:45 pm | Third Breakout Session

F09: Managing Common Eye Complaints (1 CE, .5 RX)

This session will review common eye complaints seen in primary and urgent care, as well as a discussion of history, physical examination findings, and evaluation. Tarsal plate eversion, eye irrigation, fluorescein staining, and foreign body removal will be demonstrated.

Speaker: Laurie Anne Ferguson, DNP, APRN, ANP-BC, FNP-C, CPNP, FNAP, FAANP

Dr. Laurie Anne Ferguson, DNP, APRN, FNP-C, FAANP has practiced as a Nurse Practitioner for over 40 years in a variety of clinical settings in the NP role, including ER, Occupational Health, and Primary Care in Pennsylvania, North Dakota, Florida, Louisiana, Virginia, and in Manitoba, Canada. Dr. Ferguson is a Professor at the University of Texas Medical Branch in Galveston. She is a frequent presenter at many State and National Conferences.

F10: Stroke Impact: Care Burden and Caregiver Strain (1 CE, .5 RX, .5 G, 1 O)

Globally, there are millions of people who are living with the effects of stroke annually. Globally, one in four people over age 25 will have a stroke in their lifetime. Post-stroke fatigue has a relationship to function and has been attributed to functional limitations related to fatigue. Stroke survivors who experience physical impairments require family caregiver support and social support due to reduced physical ability.

Speaker: Tanya Schlemmer, DNP, MHA, MSN-Ed, AGACNP-BC, FNP-C, CCRN-CMC, RN-BC

Dr. Schlemmer is a Clinical Associate Professor of Graduate Nursing at the University of Texas at Tyler. She is dual certified as an Adult-Gerontologic Acute Care Nurse Practitioner and Family Nurse Practitioner. She is also nationally certified in Home Health Nursing and Critical Care Nursing, with a Cardiac Medicine subspecialty.

F11: Pediatric Mental Health in Texas (1 CE, 1 RX)

Texas children are at risk. Many have untreated or severe mental illness. Many children are practicing self-harm and carrying out suicide. Children who present to an emergency room with a mental health crisis are forced to wait months to see a qualified mental health professional. The time is now for nurse practitioners to bridge the gap.

Speaker: Michelle Hext, DNP, APRN, CPNP-PC, FNP-C, ENP-C, PMHNP-BC

Dr. Michelle Hext graduated from the University of Texas at Houston, where she earned her DNP. She currently teaches as a Clinical Assistant Professor at the University of Texas at Tyler in the PMHNP program. She is a quadruple board-certified nurse practitioner with a private mental health practice. Dr. Hext's experience includes pediatrics, family practice, care of the underserved, emergency care, and psychiatry.

F12: T1.5 Diabetes Mellitus and Hypercortisolism (1 CE, 1 RX, .5 G)

You know how to diagnose and treat Type 1 and Type 2 diabetes, but are you familiar with and confident in treating Type 1.5 DM? Are you familiar with diagnosing hypercortisolism if the patient does not show physical signs of Cushing's syndrome? Attend this presentation to learn the diagnosis and treatment of these often-overlooked endocrine disorders.

Speakers: Brenda Olmos, PhD, APRN, FNP-C, CNE-cl

Dr. Brenda Olmos is the Administrator of Education and Development for Advanced Practice Providers at Baylor Scott & White Health Central Texas. Her clinical experience is in family medicine. She also teaches second-degree BSN students at Texas A&M University in Round Rock. As a member of her local professional community, Dr. Olmos is the President of the Austin Advanced Practice Nurses.

9:00 – 10:00 am

GS04: Board Installation and Awards Ceremony (1 CE)

TNP President Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN

10:00 – 10:45 am

GS05: DEA Presentation – Prescription Abuse (.75 CE)

This session explores the critical issue of prescription abuse, focusing on provider-related misuse, including inappropriate prescribing practices. Attendees will examine real-world scenarios such as writing prescriptions for family members without proper patient evaluation, prescribing for friends, and other forms of unethical or inappropriate prescribing. Through case studies, interactive discussions, and evidence-based guidelines, participants will learn to recognize red flags, understand legal and ethical boundaries, and implement strategies to ensure responsible prescribing.

Speaker: Gary Linder, Acting Diversion Program Manager

Gary Linder, Acting Diversion Program Manager, brings over 36 years of law enforcement experience, including 20 years as a Diversion Investigator with the DEA, where he has managed regulatory, administrative, civil, and criminal cases across the Atlanta, Phoenix, and Dallas divisions. Starting his career in 1989 as a detective in an Atlanta suburb, he specialized in Crimes Against Children, Homicide, and Narcotics, earning the Police Officer of the Year Award for a high-profile investigation. A certified Field Training Investigator and recipient of numerous awards, including the United States Attorney's Award of Excellence, Gary resides in the DFW area with his wife, three children, and two grandchildren.

11:15 am – 12:15 pm | First Breakout Session

S13: COPD: Pathophysiology and Clinical Practice (1 CE, .5 RX, .5 G)

COPD is a complex and heterogeneous lung condition affecting millions of Americans. Despite clinical guidelines, ongoing research, and advances in treatment, COPD continues to have a significant impact on morbidity and mortality. Prompt identification and early treatment initiation are vital to reduce symptoms and prevent disease progression. This presentation will cover in-depth COPD pathophysiology and the relationship between the pathophysiology, clinical manifestations, and pharmacological treatment.

Speaker: Monee' Carter-Griffin, DNP, MBA, MAOL, APRN, ACNP-BC

Monee' Carter-Griffin is a collaborative and innovative leader with a passion for advanced practice provider education in the academic and practice setting. She has dedicated over a decade to fostering environments of continuous learning and growth through leadership and faculty roles in higher education and is now serving as the Chief Learning Officer for Exceed Healthcare. Clinically, Monee' has spent her

entire APRN career in pulmonary and critical care medicine, ranging from transplant to inpatient general pulmonology to pulmonary critical care. Her clinical interest is COPD, specifically the influence of personalized/precision medicine on patient management and outcomes.

S14: Early Pregnancy Care for FNP's (1 CE, .5 E/J)

In primary care, confidence in providing comprehensive early pregnancy management through a multifaceted approach encompassing medical, psychosocial, and risk management strategies is imperative, especially in rural or critical access areas. Participants will understand evidence-based protocols for routine prenatal care, mental health assessment, and emergency management. This session assists in effectively managing early pregnancy care, improving maternal-fetal outcomes, and delivering high-quality care to all women in the primary care setting.

Speaker: Antay Waters, DNP, APRN, WHNP-BC, CNM, CNE, CRNFA, C-EFM, CNOR-SURG-OB

Dr. Antay Waters is a board-certified women's health nurse practitioner, certified nurse midwife, certified registered nurse first assist, and certified nurse educator. She is an Assistant Professor at East Texas Baptist University, CNM Hospitalist at CHRISTUS St. Michael & Trinity Mother Frances, and OB Triage APP at JPS Health Network. Dr. Waters has presented and published on topics ranging from women's health to healthcare risk management.

S15: Non-Alcoholic Fatty Liver Disease (1 CE, .5 G)

Good nutrition is critical for maintaining independence and quality of life for aging adults. This presentation will cover important aspects of current nutrition research that can be used to counsel aging patients, with a focus on incorporating high-quality protein into their diet.

Speaker: Emily Lantz, PhD

Dr. Emily Lantz is an Assistant Professor in the Department of Nutrition Sciences and Health Behavior in the School of Health Professions at the University of Texas Medical Branch. She has a Bachelor of Science in Agricultural Biochemistry from Iowa State University, a PhD in Nutrition Science from Purdue University. She completed a postdoctoral fellowship in skeletal muscle metabolism from the Division of Rehabilitation Science University of Texas Medical Branch.

S16: Deprescribing Strategies for Older Adults

(1 CE, 1 RX, 1 G)

This presentation explores the critical role of deprescribing as an essential component of safe and effective prescribing for older adults with multiple chronic conditions. Attendees will learn how to apply the 2024 Beers Criteria, prevent prescribing cascades, and implement deprescribing strategies through real-world case studies. The session emphasizes practical approaches to managing polypharmacy, highlighting both the art and science behind optimizing medication regimens in geriatric care.

Speakers: Kimberly Posey, PhD, DNP, APRN, AGPCNP-BC, GS-C and Patti Parker, PhD, RN, ACNS, ANP, GNP, BC, GS-C

Patti A. Parker and Kimberly Posey are nurse practitioner faculty with extensive clinical and academic expertise in geriatrics and advanced practice. Both hold doctoral degrees and certifications in adult-gerontology care. They have presented nationally on deprescribing and medication management, contributing to research and education that advance NP prescribing practices for older adults.

1:45 pm – 2:45 pm | Second Breakout Session

S17: Congestive Heart Failure with Preserved Ejection Fraction (1 CE, .5 RX)

This program will briefly discuss the prevalence and significance of congestive heart failure as a global health concern. We will delve into the various phenotypes of heart failure, including heart failure with reduced and preserved ejection fraction. This presentation will discuss guideline-directed medical therapy (GDMT) for the various phenotypes of heart failure, including important recent additions to GDMT of which practitioners should be aware. Emphasis will be placed on heart failure with preserved ejection fraction, especially on the serious need for preventative measures. Patient cases/scenarios will be incorporated to assist the practitioner with developing patient-specific plans of care, while encouraging audience interaction with these patient scenarios.

Speaker: Buffy Powell, DNP, RN, ACNP-BC

Buffy Powell, DNP, RN, ACNP-BC, is an acute care nurse practitioner (ACNP) who has been an ACNP and teaches in the AGACNP program. Buffy earned a Bachelor of Science in Animal Science from Texas A&M University, a Bachelor of Nursing Science and a Master of Nursing from Texas Tech University Health Sciences Center, and a Doctor of Nursing Practice from the University of Texas at Arlington.

S18: Melatonin: Role in Health and Inflammation (1 CE, .5 RX)

Melatonin has historically been viewed as the “sleep hormone.” However, data continues to emerge placing this vital hormone at the top of the list for inflammatory conditions, chronic disease, and, most notably, cancer. Upon attending this lecture, the learner will have filled in the gap of knowledge around melatonin’s role in mitochondrial function, inflammation, and chronic disease processes and prevention.

Speaker: Terri DeNeui, DNP, APRN, ACNP-BC

Speaker, Author, and Board-Certified Nurse Practitioner Dr. Terri DeNeui has extensive training in her field. She earned her BA in Nursing from Texas Woman’s University and her master’s and Doctoral degrees from the University of Texas at Arlington. In addition to her training as an Acute Care Nurse Practitioner, she has extended her education to include certifications in Integrative and Functional medicine, advanced endocrinology, and sex hormone optimization.

S19: Pediatric Vaccination and Disease Prevention (1 CE, 1 RX)

Vaccinations play a critical role in the health of children. This session will cover the latest CDC pediatric vaccine updates. The presenter will discuss recent measles and pertussis outbreaks. Real life case studies will be utilized in the presentation to provide real world pediatric vaccination scenarios.

Speakers: Cassandra Duran, DNP, RN, FNP-BC

Dr. Duran is an Assistant Professor in the Department of Pediatrics at Baylor College of Medicine. Dr. Duran’s primary clinical position is on the Texas Children’s Mobile Clinic Program (TC-MCP) which serves under resourced pediatric patients in the greater Houston area. Her clinical expertise revolves around vaccinating and caring for newly arrived immigrant children

S20: Starting a Clinic: Initial Steps for NPs (1 CE, .5 E/J)

This presentation will address how to get started by choosing a business model and developing the practice with which you feel comfortable and are willing to work. It will also discuss the process of establishing an entity, filing with the state, tax structure, getting an EIN, funding, and a business plan—do you need one? There will be an open discussion on the process, as well as rural vs. in-town patients, and underserved vs. well-to-do.

Speakers: Dr. Jose Villa, DNP, APRN, FNP-BC

Dr. Jose L. Villa is a DNP. He completed his BSN from the Medical University of SC and his MSN from the UTHSCSA. He completed his DNP from the University of the Incarnate Word. Dr. Villa’s capstone project was geared toward managing patients with atrial fibrillation and minimizing hospital readmissions in a large military institution.

3:00 pm – 4:00 pm | Third Breakout Session

S21: Ischemic Stroke Risk Factors (1 CE, .5 RX, 1 G)

Understanding the Risk Factors of Ischemic Stroke and Management session will discuss the risk factors of ischemic stroke and types of ischemic stroke with case scenarios and the management part with an appropriate antithrombotic and anticoagulation management and secondary prevention, referencing the most up-to-date sources.

Speakers: Rose Bagh, DNP, APRN, FNP-BC, AGACNP-BC

Dr. Rose Paul Bagh, a dual board-certified Nurse Practitioner for the past 14 years, has lived and worked for extended periods of time in three different countries in three very diverse parts of the world. Currently, she works at a large teaching hospital in Dallas as an inpatient stroke nurse practitioner and as a part-time teaching faculty member for nurse practitioners at a reputable university.

S22: Cardiac Complications in Cancer Patients (1 CE, .5 RX, .5 G)

Cardio-Oncology is an evolving specialty focusing on cardiovascular issues in patients with cancer and cancer survivors. The advances in cancer screening, early detection, and the remarkable progress in cancer therapeutics have all contributed to the estimated 18.1 million people in the United States who are cancer survivors, which is about 5.4% of the population. The downstream adverse effects of anticancer therapies include a wide range of cardiovascular complications.

Speaker: Elizabeth Shelton Martin, MSN, ACNP-BCN

Elizabeth Shelton Martin, MSN, ACNP-BC is an Acute Care Nurse Practitioner in the Department of Cardiology at MD Anderson Cancer Center. She is the Patient Safety Quality Officer for The Department of Cardiology, and serves as the Cardiology Clinical Coordinator for Nurse Practitioner Fellowship Program at MD Anderson Cancer Center. She received her Bachelor of Science from the University of Texas at Austin School of Nursing, and Masters of Science from University of Texas Health Science Center at Houston.

S23: Chest X-Ray Interpretation for NPs (1 CE)

“X-Ray Vision: NPs Decoding Chest X-Rays” is a transformative experience for Nurse Practitioners (NPs) aspiring to master the art of decoding chest radiographs and enhancing their proficiency in clinical practice. This program delves into the intricacies of chest radiographs, empowering NPs with the knowledge and skills to decipher complex images effectively. The course covers key aspects, including anatomical landmarks, pathological findings, and critical diagnostic considerations.

Speaker: Ofonime Bleess, DNP, MBA, APRN, FNP-BC, ENP-C

Ofonime Bleess is a Family and Emergency Nurse Practitioner with a Doctorate in Nursing Practice. Currently, she is an Assistant Professor at the University of Texas Medical Branch (UTMB) at Galveston, where she plays a pivotal role in guiding graduate nurses as they transition into clinical practice. Her commitment to bridging the gap between theoretical knowledge and clinical practice is embodied in her role as the founder of Medskill Mastery.

S24: Reducing Burnout and Enhancing NP Well-Being (1 CE)

This presentation will present findings from the recent TNP Wellness Committee survey. The findings will be used as a platform for discussing Texas NP's top contributors to and strategies for addressing burnout and enhancing professional and personal well-being.

Speakers: Chris Divin, PhD, APRN, FNP-BC and Cara Young, PhD, APRN, FNP-C

Dr. Chris Divin is a Clinical Assistant Professor of Nursing at the University of Texas at Austin School of Nursing. She is a Family Nurse Practitioner with over 20 years of primary care experience and presently serves on the Texas Nurse Practitioner Wellness Committee.

Dr. Cara Young is a family nurse practitioner, nurse researcher, and associate professor. Dr. Young's diverse program of research examines, and seeks to improve, behavioral and psychosocial transitions for vulnerable populations in the first half of the life course. Her primary line of research has focused on improving the mental health of children, adolescents, and young adults through mindfulness-based interventions.

4:15 pm – 5:15 pm | Fourth Breakout Session

S25: Hepatic Encephalopathy: Core Concepts (1 CE, .5 RX)

This presentation offers a concise overview of hepatic encephalopathy, a neuropsychiatric syndrome in liver disease patients. It covers pathophysiology, clinical manifestations, diagnosis, and management, including non-pharmacological and pharmacological approaches. Emerging therapies, recent research advancements, and the importance of multidisciplinary, patient-centered care will also be highlighted. It targets clinicians, researchers, and healthcare professionals involved in liver disease care.

Speaker: Hana Svejnova, APRN, FAASLD

Hana Svejnova is a Nurse Practitioner from Corpus Christi, TX. She is an inpatient NP at Abdominal Specialists who specializes in digestive diseases. She provides high-quality, culturally competent care, is an AASLD APP Fellow, Current TSGE APP Chair, active speaker and presenter, and former President of Coastal Bend Advanced Practice Nurses.

S26: Intermittent Fasting: A Lifestyle for Health and Weight Management (1 CE, .5 RX)

This program is designed to help nurse practitioners understand the science behind intermittent fasting. It is also designed to help nurse practitioners caring for pre- and post-menopausal women design eating and fasting windows for pre- and post-menopausal women.

Speaker: June Belt, APRN, ACNP-BC

June graduated from UTA in 1996 as an Acute Care Nurse Practitioner. She has developed an interest in Intermittent Fasting and knows firsthand its benefits for health and weight management. She has done extensive research on the subject and believes it is a lifestyle that can be beneficial for adults.

S27: Trauma-Informed Care in Clinical Practice (1 CE, .25 E/J)

This presentation will equip nurse practitioners with the knowledge and skills to implement trauma-informed care (TIC) practices in clinical settings. Attendees will learn the core principles of TIC, including safety, trust, and empowerment, and explore evidence-based strategies for identifying and responding to trauma in patients. The session will emphasize the importance of creating a supportive environment, conducting a trauma-informed physical exam, addressing the impact of adverse childhood experiences, and promoting provider self-care to improve patient outcomes.

Speaker: Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP, FAAN

Dr. Peck is a Clinical Professor at Baylor University, a Pediatric Nurse Practitioner, and an internationally recognized anti-trafficking advocate. She founded the Alliance for Children in Trafficking and helped develop national healthcare competencies for trafficking survivors. A highly awarded leader and advocate, she played a key role in Texas' mandated trafficking education for providers. She is also a bestselling author and host of a nationally syndicated radio show.

ANNUAL CONFERENCE | Saturday, September 27, 2025

S28: Addressing the Texas Rural Health Crisis: NPs and Full Practice Authority (1 CE, .5 RX, .5 G, .5 E/J)

This panel discussion features four distinguished Texas Nurse Practitioners who are leaders in rural healthcare, policy, and leadership. The panelists will address the ongoing rural healthcare crisis in Texas and explore solutions through Nurse Practitioner-led care models. Key topics will include expanding access to care, addressing shortages, and the impact of the 2025 Texas HEAL Act on advancing rural health outcomes.

Speaker: Elizabeth Ellis, DNP, APRN, FNP-BC, FAANP, CRCHP

Panelists will include Dr. Holly Jeffreys, DNP, APRN, FNP-BC, PMHNP, CRCHP, Dean of West Texas A&M College of Nursing and certified Rural Health Clinic Professional; Dr. Nicole Kroll, PhD, APRN, APN-C, FNP-BC, PMHNP-BC, Associate Dean of Clinical and Outreach Affairs at Texas A&M College of Nursing; Dr. Melanie Richburg DNP, APRN, FNP-BC, Director of the Lynn County Hospital District RHCEOC; Dr. Cindy Weston, DNP, ARPN, FNP-BC, CHSE, FAANP, FAAN and Moderator Dr. Elizabeth Ellis, DNP, APRN, FNP-BC, FAANP, CRCHP, Assistant Director Clinical Outreach and Affairs at Texas A&M, Board Member of Texas Association of Rural Health Clinics, and Board Member of the National Association of Rural Health Clinics Research and Education Foundation.

S29: Moderate to Severe Atopic Dermatitis Across the Lifespan (1 CE)

This session will explore the integration of patient-reported outcomes into the diagnosis, severity assessment, and treatment decisions for children and adults with moderate to severe atopic dermatitis (AD). Participants will learn to apply current evidence to optimize patient selection for systemic therapies tailored to moderate to severe AD. Additionally, the session will focus on developing patient-centered care strategies that engage patients in the long-term management of AD, prioritizing quality of life and functional goals.

Speaker: Benjamin Ungar, MD

Dr. Ungar serves as the Director of the Alopecia Center of Excellence and the Rosacea & Seborrheic Dermatitis Clinic at Mount Sinai's Kimberly and Eric J. Waldman Department of Dermatology. He graduated cum laude from Harvard University in 2009, earned his medical degree with distinction in research from the Icahn School of Medicine in 2017, and completed a research fellowship at Rockefeller University's Laboratory for Investigative Dermatology from 2014 to 2016. Dr. Ungar finished his dermatology residency as Chief Resident at Mount Sinai in June 2021, alongside a T32 NIH Research Training Fellowship during his final residency year.

ANNUAL CONFERENCE | Sunday, September 28, 2025

9:00 – 9:15 am

Tribute to Dr. Loretta Ford, EdD, RN, PNP, NP-C, CRNP, FAAN, FAANP

9:15 – 10:45 am

GS06: AI and Ethics (1.5 CE)

Implicit bias, or unconscious attitudes or stereotypes, can influence patient care; hence, the importance of actively engaging in awareness and reducing these biases. This session will use an experiential learning activity to explore privilege and self-awareness. It will conclude with a discussion on the intersection between privilege and bias and its relationship to patient care.

Speaker: Stephanie H. Hoelscher, DNP, RN, NI-BC, AIMP, CHISP, CPHIMS, FHIMSS

Dr. Steph Hoelscher is a nurse informaticist, educator, and digital health expert focused on integrating technology into nursing practice and education. Passionate about AI literacy and healthcare innovation, she develops informatics curricula, creates resources for faculty and clinicians, and leads initiatives shaping nursing's digital future. A sought-after speaker and thought leader, Dr. Hoelscher is committed to ensuring AI enhances—not replaces—the human touch in healthcare.

11:00 am – 12:30 pm

GS07: Neuroplasticity: Enhancing Clinical Outcomes for Brain-Based Disorders Through Case Studies (1.5 CE)

Brought to you by the Texas Nurse Practitioner Foundation Kim Oas Memorial Fund

Exploring the vital role of brain health measures of detoxifying, nourishing, enlivening, and training when treating brain-based disorders. Traumatic brain injury and depression will be among the case studies discussed to help the practitioner identify, assess, and treat patients for improved outcomes. This presentation is appropriate for nurse practitioners in general or family practice to psychiatry or neurology specialties. Brain health matters!

Speaker: Barbara S. Peavey, PhD, MS PsyPharm

Dr Peavey holds dual PhDs in Behavioral Medicine Psychology and Clinical Psychology from the University of North Texas along with a post doctorate degree in Psychopharmacology through Alliant University. For the last 20 years Dr Peavey has been CEO and Clinical Director of the PsychoNeuroPlasticity PNP Center, currently in Grapevine, TX. Through a multifaceted assessment provided by a team of psychological and medical professionals the PNP Center has added brain functioning to the assessment of behavioral, psychological, and cognitive challenges.

12:30 – 1:00 pm

Conference Wrap Up and closing remarks (.5 CE)

Earn .5 CE for viewing all poster presentations

Implementing Lifestyle Modifications for Glycemic Improvement in Adult Diabetic Primary Care Patients

By: Aimee Lee, DNP-FNP student, Julieta Chaparro, DNP-FNP Student, and Kourtney Gardner, DNP-FNP Student

This DNP project focuses on providing education and support for diabetic primary care patients by utilizing the Diabetes Score Questionnaire to identify patient needs.

Influence of Metformin in Obese Pediatric Patients with Comorbidities

By: Hailey Booth, BSN, RN and Tracey Smith, DNP, APRN, FNP-BC

This presentation showcases a review of primary research related to the influence of metformin use in pediatric obese patients with comorbid health conditions. With the results of this study, practice implications and recommendations are accessible for healthcare providers regarding the pediatric population.

A Comparison of Healthcare Access in a State with Full-Practice Authority for Nurse Practitioners Versus a State Without

By: Divina Perez Gato-Hogno, DNP, APRN, FNP-C and Eddie Gradney, DNP, APRN, FNP

A Comparison of Healthcare Access in a State with Full-Practice Authority for Nurse Practitioners Versus a State Without. Data from the Behavioral Risk Factor Surveillance System (BRFSS) of the Centers for Disease Control and Prevention (CDC) was used to compare healthcare access indicators between Texas, a non-FPA state, and New Mexico, a state with FPA for NPs.

Atrial Fibrillation and Ablation: Is It the Right Option for Me?

By: Jose Villa, DNP, APRN, FNP

This is a presentation on atrial fibrillation. It will discuss ablation options as a treatment of choice and learn how to refer a patient to cardiology and eventually the electrophysiologist. It will also discuss risk factors, rate control management, and appropriate anticoagulant therapy for each individual.

Implementing a Diabetes Risk Screening Protocol to Increase Prediabetes Screening in a Primary Care Setting

By: Linda Tran, RN, CMSRN

Utilizing a standardized assessment tool such as the American Diabetes Association's Prediabetes Risk Test increased detection and diagnosis of prediabetes and diabetes, allowing for early interventions, behavioral and lifestyle changes, and referrals to NDPP preferred providers.

Barriers to Diagnosing and Treating Endometriosis

By: Hattie Hazen, RN, BSN, Erica Duran, RN, BSN and Jasmine Eagan, RN, BSN

This poster explores the persistent challenges in diagnosing and treating endometriosis, emphasizing the critical role of primary care providers in early recognition and intervention. A comprehensive literature review highlights key barriers, including diagnostic delays, provider knowledge gaps, and healthcare disparities. Proposed strategies, such as standardized referral pathways and CME-based education, aim to enhance provider awareness and improve patient outcomes in primary care settings.

Proactive Palliative Care: Training Nurses and Paramedics to Assess Frailty for Better Patient Outcomes

By: Melissa Heinrich, DNP, APRN, FNP-C

Many services utilize nurses and paramedics to extend their reach to patients in the home via telemedicine. However, the lack of uniform prognostic evaluations during these visits impedes effective monitoring of patient decline in the elderly and chronically ill population. This presentation emphasizes the need for a standardized approach in home-based urgent visits to detect and manage early clinical decline to facilitate timely palliative interventions.

Addressing 30-Day Heart Failure Readmission Through Utilization of a Discharge Education Program Across Multi-Health Centers: A Quality Improvement Project

By: Taylor Harrison, DNP, AGACNP; Joy Joseph, BSN, RN, DNP-S and Brianna Bullock, BSN, RN, DNP-S

This poster presents findings from a project utilizing the Dutch Heart Failure Knowledge Scale to evaluate patient understanding of heart failure management. Through a pre- and post-intervention design, our study demonstrated a statistically significant improvement in patient knowledge, as evidenced by paired T-test results (pre-intervention: $M = 10.31$, $SD = 4.008$; post-intervention: $M = 12.62$, $SD = 2.219$; $t(12) = -2.501$, $p = .028$). Additionally, 87.5% of participants ($n=25$) reported no 30-day hospital readmissions at the 31-day follow-up, and 100% self-reported medication compliance. Join us to explore the implications of these results for improving heart failure care and reducing readmissions.

Earn .5 CE for viewing all poster presentations

Geriatrics Spine Health and Osteoporosis Management

By: Shibi Kunjumon, DNP, APRN, FNP-C

This poster will explore current approaches to managing osteoporosis in geriatric patients, highlighting both pharmacological treatments and non-pharmacological interventions. It will emphasize the importance of personalized care, focusing on optimizing bone health, improving patient adherence, and reducing fracture risk through a comprehensive, multi-disciplinary approach.

Innovating ICU Staffing: Implementation and Impact of a Critical Care Flex APP Program

By: Meredith A. Stringer, APRN, AGACNP-BC, Christopher Roe, MBA, DNP, APRN, ACNP-BC, Rubria Marines-Price, PhD, DNP, APRN, ACNP-BC, Craig Glazer, MD, MSPH, MS-MAS, FCCP

Longer-term staffing gaps among advanced practice providers (APPs) in critical care settings can disrupt continuity of care, strain existing team members, and may necessitate the need for costly locum contracts. This poster highlights the design, implementation, and outcomes of UT Southwestern Medical Center's Critical Care Flex APP Program, an innovative solution that deploys fellowship-trained APPs across multiple ICUs to provide seamless coverage for extended absences such as FMLA, maternity, and military leave.

Viewers will learn how this model enhanced continuity of care and saved the health system up to \$290,000 in its first year and eliminated the need for locum APP contracts. Findings of this program offer a replicable framework for flexible, sustainable APP staffing across inpatient and hybrid settings.

Diabetic self-management education and support to improve medication adherence in African descendants' Adult type 2 diabetes

By: Oluwatoyin Adeniyi, APRN, FNP-BC

The goal of this initiative is to help African descendants with adult type 2 diabetes better adhere to their medication regimen by educating them about diabetes self-management. In order to help control type 2 diabetes in adults, discuss the use of an instrument to monitor medication adherence.

Quick but Comprehensive: Assessing Pediatric Mental Health in a 15-Minute Sports Physical

By Johnanna Hernandez, PhD, APRN, FNP-BC

This presentation explores practical, evidence-based strategies for integrating pediatric mental health screening into routine sports physicals. Attendees will learn how to efficiently use validated tools, targeted interview techniques, and observational cues to identify at-risk youth within a limited timeframe. By incorporating mental health assessments, nurse practitioners can enhance early detection and intervention, improving overall health outcomes for young Texans.



“I’m always impressed with how many great sessions there are at TNP conferences!”

**Chantel Bent, MSN, APRN, FNP-C
TNP member since 2015**



Earn .5 CE for viewing all poster presentations

Increasing Healthy Lifestyle Behaviors in Cargo Drivers

By: Ronda Bell, DNP, APRN, FNP-BC

This poster will increase lifestyle education occurrence and availability of lifestyle improvement information with high-risk occupational populations such as transportation cargo drivers.

Sustaining Peer Mentoring for DNP Students

By: Aurbrey Eikenhorst, MSN, APRN, FNP-C and Lisa Fuller, MSN, APRN, FNP-C

Doctor of Nursing Practice (DNP) and Master of Science in Nursing programs enable nurse leaders to learn remotely. Peer mentoring programs are valuable in academia and can improve scholastic achievement and promote a sense of community. Any nurse practitioner program that aims to enhance student engagement and facilitate peer interaction may consider implementing a student-led peer mentoring organization.

Targeted Prophylaxis Antibiotics Before Prostate Biopsy

By: Nancy Brownlee, DNP, APRN, FNP-BC

This is a prospective, non-randomized quality improvement project that analyzed 30 male patients in an adult urology clinic who were treated with traditional empirical antibiotics before a prostate biopsy, compared to patients who had targeted antibiotic prophylaxis using sensitivities from rectal swab cultures. The project ran from January 1, 2024, through April 30, 2024. This demonstrates evidence-based practice related to antibiotic stewardship.

Nurse Practitioner Occupational Burnout: A Focus on the Variables and Themes

By: Tanya Schlemmer, DNP, MHA, MSN-Ed, AGACNP-BC, FNP-C, CCRN-CMC, RN-BC

The prevalence of occupational burnout is highest among service professionals. Nurse Practitioner occupations align with similar focus areas in medical practice. Several themes that became notable in the quest to determine key factors contributing to occupational burnout will be shared.

Optimizing Clinical Management for Adults with Catastrophic Brain Injury Who Are Potential Organ and Tissue Donors in the ICU: An Evidence-Based Practice Quality Improvement Project

By: Cara Guthrie-Chu, DNP, APRN, AGACNP-BC, ANVP-BC, EBP-C, CCRN

Despite numerous advancements, the demand for life-saving organs and tissues far outpaces the supply. This doctoral evidence-based practice quality improvement

(EBPQI) project sought to improve inpatient clinical management processes and enhance hospital-level accountability measures for adults with catastrophic brain injury who are potential organ and tissue donors in the ICU, aiming to achieve optimal donation outcomes for those who choose to give.

Optimizing Weight Loss Through Lifestyle Modification: A Quality Improvement Initiative for Managing Obesity

By: Rebecca Binu, BSN, RN, CAPA, DNP-FNP Student

This poster presents a quality improvement initiative focused on implementing lifestyle modifications to manage obesity in a primary care setting. The project evaluates the effectiveness of a structured intervention, including dietary guidance, physical activity promotion, and patient education, in improving weight and BMI outcomes. Findings highlight the role of advanced practice providers in supporting sustainable weight loss through evidence-based strategies.

Improving Continuous Positive Airway Pressure Compliance by Nurse-Led Follow-Up Visits

By: Jasmine Jacob, DNP, MSN, APRN, FNP-C

This poster presentation will allow the audience to understand the importance of using a CPAP device consistently for OSA treatment, as it implies the importance of nurse-led follow-up visits to troubleshoot the common issues encountered by patients while using the CPAP device. Most of the patients are discouraged from continuing to use a CPAP device during the initial weeks of CPAP treatment due to the lack of a support system or motivation efforts. The study results suggest a significant improvement in CPAP compliance with nurse-led interventions and support.

Implementing a Standardized ICU Downgrade Readiness Guideline and Evaluating Provider Adherence

By: Deandra Chambliss, MSN, APRN, AGACNP-BC and Kristi Marsh, MSN, APRN, AGACNP-BC

This presentation will show how evidence-based practice interventions were implemented using a standardized ICU downgrade readiness guideline to address the lack of a standardized downgrade process. It will help educate providers on methods of improving unit workflow by limiting subjective judgment when assessing downgrade readiness and establishing safe downgrade practices to prevent adverse effects and deterioration.

Healing the Healers: Mental Health Resources for Bedside Nurses

By: Sarah Wasson, BSN, RNC-OB and Jayde Calhoun

This Doctor of Nursing Practice (DNP) quality improvement initiative integrated a mental health toolkit and meditation resources for bedside nurses at two prominent healthcare institutions in Texas. Participants indicated significantly reduced personal, occupational, and patient-related stress and diminished burnout. This project underscores the need for enhanced mental health resources for healthcare professionals locally and nationally.

Normalizing MCI/Dementia Screening in the Specialty Care Setting

By: Kimberly Grubbs, DNP-FNP

This presentation fulfills a DNP-FNP program with Baylor Louise Herrington School of Nursing and focuses on the project utilizing the Mini-Cog© dementia screening tool within a specialty care setting. The setting was a private practice pulmonary and sleep disorder clinic in Houston, TX.

Improving Secondary Stroke Prevention Through Primary Care

By: Stephen Reid, MS, APRN, FNP-C

After providing staff education on identifying appropriate patients for referral to primary care for post-stroke care, the rates of referrals and recurrent stroke were measured and compared to baseline rates.

Gestational Trophoblastic Disease: A Clinical Review and Case Study Presentation

By: Merlindi Brown, DNP, APRN, FNP-BC, AOCNP

Gestational trophoblastic disease (GTD) is a unique spectrum of gynecological disorders, ranging from hydatidiform mole to gestational trophoblastic neoplasia. Commonly referred to as molar pregnancies, hydatidiform moles occur in approximately 1 in 1500 pregnancies and can undergo malignant transformation with life-threatening consequences. This presentation will review the salient aspects of GTD, explore a relevant case study, and provide the nurse practitioner with evidence-based strategies to confidently and competently care for the GTD patient population.

Diabetic Self-Management and Support to Improve Medication Adherence in African Descendants' Adult Type 2 Diabetes

By: Oluwatoyin Adeniyi, DNP, APRN, FNP-BC

Diabetes Self-Management Education (DSME) utilizes video education sessions based on the Association of Diabetes Care and Education Specialists (ADCES7), diabetes-related educational pamphlets, and text-connected activities to assist African descendants with adult type 2 diabetes by enhancing their ability, knowledge, and skills for self-care, in efforts to improve health outcomes.

The Effect of Mobile Breastfeeding Education in African American Women on Initiation and Duration of Breastfeeding

By: Shalawn Harris, DNP, APRN, CNM, FNP-C

African American women have lower breastfeeding rates than other races or ethnicities. The hormonal changes in breast as a result of breastfeeding may reduce the risk of breast cancer. Social media is an access point for breastfeeding African American women to promote breastfeeding that may also reduce their risk of premenopausal breast cancer.

EXPERIENCE CONFERENCE ON-DEMAND

Unable to attend in person? TNP is excited to offer select courses as a part of a pre-recorded, on-demand Annual Conference bundle available October 1, 2025. Earn 12 CE hours, including Texas-Specific Requirements: 8 RX, 4 G, 1 O, 1.75 E/J.

The following courses will be included for a cost of \$300 for members or \$500 for nonmembers:

F02: Geriatric Mental Health Disorder Management
(1 CE, .5 RX, 1 G)

F06: Dementia Assessment with the SLUMS Test
(1 CE, 1 RX, .5 G, 1 E/J)

F07: Substance Use Trends in Youth (1 CE, .5 E/J)

F08: Menopause and Cardiometabolic Wellness
(1 CE, 1 RX)

F10: Stroke Impact: Care Burden and Caregiver Strain
(1 CE, .5 RX, .5 G, 1 O)

F11: Pediatric Mental Health in Texas (1 CE, 1 RX)

F12: T1.5 Diabetes Mellitus and Hypercortisolism
(1 CE, 1 RX, .5 G)

S13: COPD: Pathophysiology and Clinical Practice
(1 CE, .5 RX, .5 G)

S16: Deprescribing Strategies for Older Adults
(1 CE, 1 RX, 1 G)

S17: Congestive Heart Failure with Preserved Ejection Fraction (1 CE, .5 RX)

S19: Pediatric Vaccination and Disease Prevention
(1 CE, 1 RX)

S27: Trauma-Informed Care in Clinical Practice Provider
(1 CE, .25 E/J)

CONFERENCE REGISTRATION

TNP membership pays for itself through significant discounts, free CEs, and more! Join now and get member pricing on your conference registration. [Click here](#) to become a TNP member.

Thursday Workshops + Full Conference (Friday – Sunday)	Early Bird Ends July 31	Regular	Onsite
Regular	\$ 590.00	\$ 640.00	\$ 740.00
Associate	\$ 590.00	\$ 640.00	\$ 740.00
Retired	\$ 490.00	\$ 540.00	\$ 640.00
Student	\$ 490.00	\$ 540.00	\$ 640.00
Nonmember	\$ 840.00	\$ 890.00	\$ 990.00

Full Conference (Friday – Sunday)	Early Bird Ends July 31	Regular	Onsite
Regular	\$ 400.00	\$ 450.00	\$ 500.00
Associate	\$ 400.00	\$ 450.00	\$ 500.00
Retired	\$ 300.00	\$ 350.00	\$ 400.00
Student	\$ 300.00	\$ 350.00	\$ 400.00
Non-Member	\$ 600.00	\$ 650.00	\$ 700.00

Friday or Saturday Only	Early Bird Ends July 31	Regular	Onsite
Regular	\$ 240.00	\$ 290.00	\$ 340.00
Associate	\$ 240.00	\$ 290.00	\$ 340.00
Retired	\$ 200.00	\$ 250.00	\$ 300.00
Student	\$ 200.00	\$ 250.00	\$ 300.00
Non-Member	\$ 360.00	\$ 410.00	\$ 460.00

Full Weekend Only	Early Bird Ends July 31	Regular	Onsite
Regular	\$ 330.00	\$ 380.00	\$ 430.00
Associate	\$ 330.00	\$ 380.00	\$ 430.00
Retired	\$ 260.00	\$ 310.00	\$ 360.00
Student	\$ 260.00	\$ 310.00	\$ 360.00
Non-Member	\$ 530.00	\$ 580.00	\$ 630.00

Thursday Workshops	Early Bird Ends July 31	Regular	Onsite
Half Day - Member	N/A	\$ 120.00	\$ 170.00
Half Day - Non-Member	N/A	\$ 170.00	\$ 220.00
Full Day - Member	N/A	\$ 215.00	\$ 265.00
Full Day - Non-Member	N/A	\$ 265.00	\$ 315.00

Ticketed Items



During registration, you will have the option to include the following ticketed events.

Professional Photo

For your convenience, a professional photographer will be on site to take professional photos. If you need a professional headshot for TNP's website, social media, or employment, purchase a photo ticket during registration or by [clicking here](#). Registration is \$50.

Photos are available during the following hours:

Friday, September 26, 12:00 pm – 3:00 pm

Saturday, September 27, 1:30 pm – 5:00 pm

TNP Member Appreciation Guest Ticket

TNP's Member Appreciation event is Friday, September 26, 7:00 – 9:30 pm. The event is open and free to all members of Texas Nurse Practitioners and children 10 and under. If you wish to bring a family member(s) or friend, you can purchase additional guest tickets by [clicking here](#) or at checkout. Additional tickets are \$50 each.

TNP PAC Breakfast

Come join the Texas Nurse Practitioners Political Action Committee for breakfast (Saturday, 7:45 - 8:45 am) and a special policy discussion with a legislative guest of honor. All proceeds benefit the TNP PAC and our legislative advocacy efforts to remove barriers to nurse practitioners and improve Texans' access to healthcare. Registration is \$75. You can purchase a ticket at the online registration checkout or by [clicking here](#).

Disclaimer: Gifts to political action committees are not tax-deductible. Contributions to TNP PAC are for political purposes. All contributions to TNP PAC are voluntary. You may refuse to contribute without reprisal.

TNP Foundation's Walk and Wine Down Saturday, September 27, 5:30 pm

Join fellow NPs on Saturday, September 27, 2025, at 5:30 pm. Go on a 20–30-minute walk to unwind with one complimentary glass of wine or beverage of your choice. Additional beverages are available for purchase. Registered participants will also receive a commemorative t-shirt while supplies last. Registration is \$75. Purchase your ticket during online registration or by [clicking here](#).

CONFERENCE INFORMATION

Meal Options:

Breakfast will be provided for those attending a Breakfast Product Theater, first come, first served (refer to the agenda for days/times product theaters are being offered). On-your-own breakfast options at the hotel will be available. Breakfast concessions will not be provided as part of general conference attendance.

For your convenience, the hotel is offering a concession style lunch on Friday and Saturday. Thursday lunch will be offered through 2 different product theaters. The days you registered for conference will be noted on your name badge and you will show this to hotel staff as your meal ticket. TNP will be providing complimentary coffee and hot tea.

Lunch will be included for those who complete online registration by Thursday, September 18.

Continuing Education: TNP's 2025 Annual Conference and Pre-Conference Workshops:

Learners will be awarded up to 24 CE hours (which includes up to 10.25 RX hours). Completion of the course evaluation is required for CE.

Statement:

Texas Nurse Practitioners is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association - Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

If you are required to use an activity number or provider number on certificates, please use LSNA Provider N003232

CE Certificate:

At the end of the TNP Annual Conference and Workshops, you will receive an email from Bella Stewart at TNP to complete your CE Certificate. It will be emailed to you within one hour of submission. If you do not receive it, please email bella@texasnp.org, and she will send you a copy.

NSO 10% Risk Management Discount

TNP Primary NSO offers TNP's 2025 Annual Conference and Pre-Conference attendees a 10% Risk Management Discount on Individual Policies. Coverage is available to eligible residents of the United States of America and Puerto Rico.

Disclosures

- Stephanie Hoelscher
EBSCO DynaAI AI advisory board member (compensated, still active).
- Shelagh Larson
Organon's NEXPLANON subdermal contraceptive device, trainer. This will impact this talk.
Astellas' VEOZAH non-hormonal hot flash medication, speaker. No conflicts of interest with this talk.
- Jessica Peck
Sanofi, Speaker's Bureau, Pediatric RSV immunization.
- Terri DeNeui
 1. Spouse is the owner and CEO of a 503B manufacturing pharmacy and a 503A compounding pharmacy (Farmakio).
 2. Speaker is the founder of a training and marketing company with a focus on hormone replacement (EVEXIAS Health Solutions).
- Jennifer Kucera
Boehringer Ingelheim Advisor
- Thomas M. George Jr.
Curax Pharmaceuticals Speaker (ended less than 24 months ago)

All listed above will be resolved via Nurse Planner review of presentation slides. No other relevant financial relationships exist for presenters or planners of this conference.

Conference Policies

Because the conference serves as an open forum, opinions expressed and/or materials distributed by program participants do not necessarily reflect or imply advocacy or endorsement by the Texas Nurse Practitioners, its officers, or members. Texas Nurse Practitioners does not endorse any specific commercial products or services.

Photo Release Statement for Texas Nurse Practitioners (TNP)

TNP has official photographers and videographers at its events and meetings. Photographs and videos taken at TNP meetings may be used in future marketing, publicity, promotions, advertising, and training activities for TNP. By registering for this meeting, you agree to allow TNP to use photographs and video that may include you in all media formats worldwide. You also understand that once your image is posted on TNP's website or social media, the image can be downloaded by any computer. Therefore, you agree to indemnify and hold harmless Texas Nurse Practitioners from any claims. TNP reserves the right to discontinue the use of photos without notice. Should you have any questions, please get in touch with TNP at 512-291-6224.