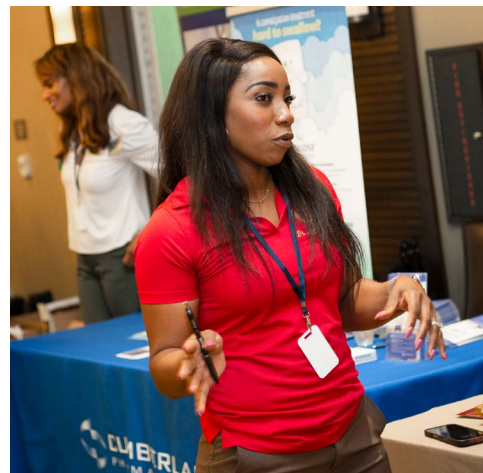
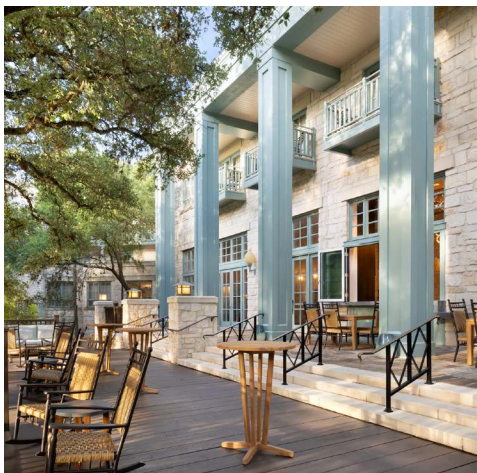




2026 Nurse Practitioner PHARMACOLOGY CONFERENCE + Psych/Mental Health Pre-Conference

April 23-25, 2026 | San Antonio
Hyatt Regency Hill Country Resort & Spa



Conference Brochure

Earn CEs, stay current, and enjoy yourself!

Please note that the agenda and presenters are subject to change.
All sessions are held in Independence Ballroom 5-8 unless otherwise noted.

Thursday | April 23 – Psych/Mental Health Pre-Conference

11:00 am – 2:30 pm	Onsite Registration / Badge Pickup Open <i>Independence Foyer (move to Charlie's South Gallery)</i>
1:00 - 2:00 pm	Bridging Practice, Community Outreach, and Pharmacology: A Holistic Approach to PMHNP Leadership Speaker: Tracy Hicks, DNP, MBA, APRN, FNP-BC, PMHNP-BC, CARN-AP, FIAAN, FAANP, FAAN
2:00 - 2:15 pm	Break
2:15 – 3:15 pm	Autism: Identification, Key Information, and Treatment Considerations Speaker: Justin Scaffa, PMHNP
3:15 – 3:30 pm	Break
3:30 – 4:30 pm	Dementia Assessment with the SLUMS Test Update Speaker: Dr. Joanne "Jody" Minnick, DNP, APRN, ACNP-BC, FNP-BC

Check in is
open from
11 am - 5 pm
Charlie's
South Gallery

Friday | April 24 – Pharmacology Conference

7:00 – 8:30 am	Onsite Registration / Badge Pickup & Coffee <i>Independence Foyer</i>
7:30 – 8:30 am	Product Theater
8:30 – 8:45 am	Welcome Address TNP President Tracy Hicks, DNP, MBA, APRN, FNP-BC, PMHN-BC, CARN-AP, FIAAN, FAANP, FAAN
8:45 – 10:15 am	Approaches to Hypertension: Pearls for Practice Speaker: Jose Villa, DNP, APRN, FNP-BC
10:15 – 10:45 am	Coffee Break – Exhibit Hall & Silent Auction <i>Independence 1-4</i>
10:45 am – 12:15 pm	Pediatric Antibiotics Speaker: Donna Schultz, DNP, APRN, NNP-BC, CPNP-PC
12:15 – 1:15 pm	Product Theater – Independence 5-8 Lunch Concessions, Exhibit Hall, Silent Auction <i>Independence Foyer & Independence 1-4</i>
1:15 – 2:45 pm	Skin Rashes and Pharmacologic Treatment Speaker: Kathy Boozer, DNP, APRN, FNP-BC
2:45 – 3:15 pm	Break – Exhibit Hall <i>Independence 1-4</i> Exhibits close at 3:15 for the day
3:15 – 4:45 pm	Integrated Pain Management Speaker: Shahram Pajuh, MSN, RN, AGACNP-BC
5:00 pm	TNP Foundation's Walk and Wine Down (\$75 ticket, includes beverage, exclusive t-shirt, supports TNP Foundation) <i>Meet at Charlie's Long Bar</i>

All sessions and Product Theaters are in Independence Ballroom 5-8 unless otherwise noted.

Saturday | April 25 – Pharmacology Conference

7:00 am	Registration & Coffee Service Opens <i>Independence Foyer</i>
7:30 – 8:30 am	Product Theater – Independence 5-8 Breakfast Concessions, Exhibit Hall – Independence 1-4
8:45 – 10:15 am	Pharmacologic Management of Oral and Dental Conditions Speaker: Dr. Garry Myers, DDS
10:15 – 10:45 am	Coffee Break – Exhibit Hall <i>Independence 1-4</i> Silent Auction closes at 10:45
10:45 am – 12:15 pm	Pharmacologic Management in Hospice and Palliative Care Speaker: Dr. Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN
12:15 – 1:00 pm	Product Theater Lunch Concessions, Exhibits <i>Independence 1-4</i> Exhibit Hall Closes at 1:15
1:15 – 2:45 pm	Pharmacologic Management of Animal-Related Injuries Speaker: Sharon Quigley, APRN, FNP-BC
2:45 – 3:00 pm	Break
3:00 – 4:30 pm	Pharmacologic Management of Atrial Arrhythmias Speaker: Halli Carr, DNP, APRN, ACNP-BC







“TNP fights for us in the legislature. We need to support them because they’re our voice for independent practice.”

Carol Manning, DNP, APRN, FNP-BC
Houston, TX
TNP Member Since 2025

You'll discover a charming mix of authentic Texas hospitality, perfectly blended with all the fun activities of a magnificent Texas Hill Country resort.

Hit the beautiful fairways of the 27-hole championship golf course. Ride down the Ramblin' River and play a game of water volleyball in the four-acre water playground. Relax and reenergize at the world-class Wildflower, The Hill Country Spa. (Mention TNP when you schedule your appointment and receive a 10% discount on spa treatments.)

There's plenty more fun nearby. From the excitement of San Antonio's River Walk to the spectacular shows at SeaWorld San Antonio, you'll find incredible activities and attractions just minutes from Hyatt Regency Hill Country. Explore history on the Mission Trail, get wild at the San Antonio Zoo, spend the day at Six Flags Fiesta Texas, and explore The Alamo. Enjoy the adrenaline rush of white-water tubing, play a round of championship golf, or wander through San Antonio museums and gardens filled with beautiful works of art.

Dive into fun at the newly renovated and expanded five-acre water park, complete with a 950-foot lazy river, thrilling waterslide, wave machine, and multiple pools. Enjoy a lively game of water volleyball in the four-acre water playground or float leisurely down the Ramblin' River.

Book your room today.

[Click here](#) to make your hotel reservation, or contact the Hyatt directly by calling (210) 647-1234. Please be sure to tell them you're with Texas Nurse Practitioners.

The negotiated room rate is \$239 for single/double, \$264 for triple, and \$289 for quad, plus a waived daily resort fee (usually \$35.) Based on availability through March 28, 2026.

Valet Overnight — \$40.00

Self-Parking Overnight — \$20.00

Day Valet — \$40.00

Self-Parking Per Day — Complimentary

We're here to assist you.

Please email bella@texasnp.org if you have questions.



PSYCH/MENTAL HEALTH PRE-CONFERENCE

Program Sessions | Thursday, April 23, 2026

1:00 - 2:00 pm | Bridging Practice, Community Outreach, and Pharmacology: A Holistic Approach to PMHNP Leadership (1 CE, 1 RX)

This session explores how PMHNPs can successfully navigate practice ownership, expand access through non-profit initiatives, and stay updated on the latest pharmacological advancements in mental health and addiction treatment. PMHNPs will share strategies for business development, grant funding, and integrating primary and behavioral healthcare to enhance patient and community outcomes.

Speaker: Dr. Tracy Hicks, DNP, MBA, APRN, FNP-BC, PMHNP-BC, CARN-AP, FIAAN, FAANP, FAAN

Dr. Hicks is an experienced speaker with several appearances and presentations across the country, primarily in Diversity, Equity, Inclusion, and Belonging (DEIB), Social Determinants of Health (SDoH), Emotional Intelligence (EI), Leadership, and substance use disorder treatment. She also serves as an advisor, consultant, and speaker in the pharmaceutical industry. Moreover, she is certified in addictions nursing and was inducted into the Fellows of the International Academy of Addiction Nurses in 2019 and the American Association of Nurse Practitioners in 2021.

2:15 - 3:15 pm | Autism: Identification, Key Information, and Treatment Considerations (1 CE, .5 RX)

With increased awareness and a 175% increase in Autism diagnoses, is your practice prepared to treat, diagnose, and manage this population? Patients with Autism present unique challenges in communication, comorbidity, and treatment adherence. Learn the best practices for this population.

Speaker:

Justin Scaffa, PMHNP

Justin Scaffa, PMHNP, has 10 years of experience, most recently in outpatient psychiatric care with all ages and diagnoses. He has especially worked with IDD patients, active, reserve and retired army, and does psychometric testing for complex mental health disorders like ADHD and Autism. He has experience in inpatient and partial hospitalization at an acute care psychiatric hospital and with substance abuse patients.

3:30 - 4:30 pm | Dementia Assessment with the SLUMS Test Update (1 CE, 1 RX, 1 G)

This presentation focuses on the pharmacological aspects and clinical considerations involved in defining dementia and assessing cognitive deficit disorders (CDD) in the geriatric population. It offers an organized, evidence-based approach to assessment and diagnosis using validated screening tools such as the SLUMS and MMSE. Additionally, it covers pharmacologic and non-pharmacologic management strategies, emphasizing current treatment guidelines, medication selection, monitoring for efficacy and side effects, and the role of pharmacotherapy in slowing cognitive decline and improving quality of life.

Speaker: Dr. Joanne "Jody" Minnick, DNP, APRN, ACNP-BC, FNP-BC

Dr. Minnick is faculty at Betty Irene Moore College of Nursing at UC Davis in the FNP-DNP Program. Dr. Minnick has been practicing for over 13 years as a nurse practitioner (NP) and has a clinical background in military research, emergency medicine, family practice, and geriatrics. Dr. Minnick has been caring for patients at various stages of their lifespan with a focus on geriatrics.

PHARMACOLOGY CONFERENCE

Program Sessions | Friday, April 24, 2026

8:30 – 8:45 am | Welcome Address

TNP President

8:45 – 10:15 am | Approaches to Hypertension: Pearls for Practice
(1.5 CE, 1 RX, .5 G, .25 E/J)

This interactive presentation delivers a comprehensive overview of hypertension diagnosis, management, and self-care, tailored for healthcare professionals and patients. It explores evidence-based diagnostic methods, pharmacokinetics of antihypertensive medications, and lifestyle strategies to address triggers like obesity, sedentary lifestyle, and obstructive sleep apnea. Engaging elements such as quizzes and clickable diagrams enhance understanding and application of effective hypertension management techniques.

Speaker: Jose Villa, DNP, APRN, FNP, BC

Dr. Jose L. Villa is a DNP, completed his BSN from Medical University of SC, and his MSN from the UTHSCSA. He completed his DNP from the University of the Incarnate Word. His Capstone project was geared toward the management of patients with atrial fibrillation and minimizing hospital readmissions in a large military institution. His experience includes cardiology, family medicine, and internal medicine.

10:45 am – 12:15 pm | Pediatric Antibiotics (1.5 CE, 1 RX)

This session will provide an overview of the latest updates in pediatric antibiotic use from the past 1–2 years, including changes in guidelines, resistance patterns, and new treatment options. Emphasis will be placed on evidence-based decision-making regarding when and how to prescribe antibiotics, as well as considerations for appropriate dosing and duration. Attendees will gain practical insights to optimize antibiotic stewardship in pediatric practice.

Speaker: Donna Schultz, DNP, APRN, NNP-BC, CPNP-PC

Dr. Donna Schultz is a double board-certified nurse practitioner in Neonatal and Pediatric care, with over 20 years of experience specializing in medically complex infants and children. She earned her Doctor of Nursing Practice from Johns Hopkins University, where her research focused on transitioning NICU patients into home and community care. Dr. Schultz currently serves as the Pediatric Track Coordinator at Baylor University's Louise Herrington School of Nursing, where she combines her clinical expertise with a passion for teaching and mentoring future nurse practitioners.



"I love the educational aspects of TNP and that they keep us aware of what's going on."

Graciela Barajas, FNP-BC
Westworth Village, TX
TNP Member Since 2025



PHARMACOLOGY CONFERENCE

Program Sessions | Friday, April 24, 2026 (continued)

1:15 – 2:45 pm | Practical Dermatology and Pharmacologic Approaches (1.5 CE, 1 RX, .25 E/J, .25 G)

Dermatologic concerns are among the most frequent reasons patients seek primary care. New graduate and early-practice nurse practitioners (NPs) often encounter skin conditions but may feel less confident in diagnosing and treating them, particularly with pharmacological options. This session will provide a focused, practical review of common dermatology presentations in primary care, highlighting evidence-based pharmacologic management. Emphasis will be placed on appropriate use of topical and systemic therapies, including corticosteroids, antihistamines, antibiotics, and antifungals. Clinical pearls on selecting potency and formulation of steroids, minimizing adverse effects, recognizing when to escalate care, and patient education strategies will be discussed. Case-based examples will reinforce decision-making in real-world scenarios. Participants will increase their confidence in identifying and treating common dermatologic conditions, selecting appropriate medications, and counseling patients on use, risks, and expected outcomes.

Speaker: Kathy Boozer, DNP, APRN, FNP-BC

Dr. Boozer is an owner operator of Inspired Skin+Wellness | Dermatology Clinic. She completed a dermatology internship in 2014 and has been practicing as a specialist in this field since. Dr. Boozer has a broad background in nursing with specific training and expertise in dermatology, skin cancer/melanoma, and community health/education. She is an active member of transdisciplinary research teams investigating the use of virtual simulation technology for prevention and early diagnosis of skin cancer and community-based wellness initiatives to improve socialization, healthy habits, and health in rural India.

3:15 – 4:45 pm | Integrated Pain Management (1.5 CE, 1 RX)

Join us for an essential session focused on the evolving landscape of pain management. This presentation will explore a comprehensive, evidence-based approach to treating pain, integrating pharmacologic strategies with non-pharmacologic therapies. Nurse practitioners will gain practical insights into safe opioid prescribing, multimodal pain control, and personalized care plans that prioritize both efficacy and patient safety.

Speaker: Shahram Pajuh, MSN, RN, AGACNP-BC,

Shahram Pajuh is an experienced advanced practice registered nurse with a strong focus on primary care and clinical leadership. Holding a Doctor of Nursing Practice (DNP), he is certified as a Nurse Practitioner (NP-C) and skilled in delivering high-quality, patient-centered care across diverse populations. Shahram's career has been marked by his commitment to integrating evidence-based practice with collaborative interdisciplinary teamwork to improve outcomes and enhance the patient experience. Known for his thoughtful approach, he brings both clinical expertise and organizational insights to the healthcare settings in which he practices.

Program Sessions | Saturday, April 25, 2026

8:45 – 10:15 am | Pharmacologic Management of Oral and Dental Conditions (1.5 CE, .5 RX)

This session provides an in-depth review of pharmacologic strategies for managing common oral and dental conditions, including pain, infection, and inflammation. Participants will gain practical insights into appropriate drug selection, dosing considerations, and potential adverse effects. Emphasis will be placed on evidence-based guidelines to optimize patient safety and therapeutic outcomes.

Speaker: Dr. Garry Myers, DDS

Dr. Myers is a graduate of the University of Texas Health Science Center San Antonio dental program and served in the U.S. Air Force as both a general dentist and later as an endodontist. He is the recent past president of the American Association of Endodontists, a role that took him across the country and internationally. He currently serves as Director of the Endodontic Graduate Program at Virginia Commonwealth University. A proud Texan at heart, Dr. Myers also has a unique background as a former drum major for the Longhorn Band and a longtime volunteer for Alaska's Iditarod sled-dog race.

PHARMACOLOGY CONFERENCE

Program Sessions | Saturday, April 25, 2026 (continued)

10:45 am – 12:15 pm | Pharmacologic Management in Hospice and Palliative Care (1.5 CE 1.5 RX, 1 G)

This session explores evidence-based pharmacologic approaches to symptom management in hospice and palliative care settings. Attendees will learn strategies for effectively addressing pain, dyspnea, anxiety, and other distressing symptoms while balancing safety and quality of life. The discussion will highlight best practices in medication selection, dosing, and monitoring to support compassionate, patient-centered care.

Speaker: Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN

Dr. Erin Pérez, DNP, APRN, ANP-C, AGNP-C, ACHPN, is a board-certified adult and geriatric nurse practitioner specializing in palliative and hospice care. A three-time graduate of UT Medical Branch in Galveston, she is also an educator, author, speaker, and leader recognized with numerous local, state, and national awards. She made history as the first Texas NP elected to City Council and the first NP to chair a Texas advisory council. Dr. Pérez is deeply committed to policy, advocacy, and advancing healthcare outcomes through collaboration.

1:15 – 2:45 pm | Pharmacologic Management of Animal-Related Injuries (1.5 CE, .5 RX)

This session reviews evidence-based pharmacologic strategies for treating animal-related injuries, including bites, scratches, and envenomations. Participants will learn appropriate approaches to infection prevention, pain control, and management of allergic or toxic reactions. Emphasis will be placed on optimizing patient outcomes through careful medication selection, dosing, and monitoring.

Speaker: Sharon Quigley, DNP, MSN, BSN, FNP

Sharon Quigley, DNP, MSN, BSN, FNP, is a Family Nurse Practitioner and retired U.S. Army Nurse Corps Officer with over 15 years of experience. She earned her BSN from Pacific Lutheran University, MSN from the University of Phoenix in Honolulu, and DNP from Baylor University's Louise Herrington School of Nursing, where she is now a Clinical Assistant Professor. Her clinical background spans pain management, neurosurgery, orthopedic spine, anesthesia, and primary care. Dr. Quigley is active in professional organizations, serving as Treasurer for San Antonio Nurses in Advanced Practice and contributing to the Texas Nurse Practitioners education committee.

3:00 – 4:30 pm | Pharmacologic Management of Atrial Arrhythmias (1.5 CE, 1 RX, .25 G)

This session reviews current pharmacologic strategies for the management of atrial arrhythmias, including atrial fibrillation and atrial flutter. Participants will gain insight into drug selection, dosing considerations, and monitoring to optimize patient safety and outcomes. Emphasis will be placed on evidence-based guidelines and practical clinical applications.

Speaker: Halli Carr, DNP, APRN, ACNP-BC

Dr. Halli Carr is an Acute Care Nurse Practitioner with over 17 years of experience in practice, including ER, ICU, Surgery, Resuscitation, and Cardiovascular medicine. She currently leads the Cardiovascular service line for Baylor Scott & White – The Heart Hospital at Baylor Lake Pointe. Dr. Carr is also a Clinical Assistant Professor and DNP-AGACNP Track Coordinator at the Baylor University Louise Herrington School of Nursing, where she teaches Advanced Pharmacology.

Conference Registration



TNP membership pays for itself through significant discounts, free CEs, and more! Join now and get member pricing on your conference registration. [Click here](#) to become a TNP member.

Register by February 1, 2026 to obtain a \$50 Early Bird Discount on Thursday, Friday & Saturday Registration or Friday & Saturday Registration.

Register by April 16, 2026:

	Members	Non-Members
Thursday Mental Health Pre-Conference	\$135	\$235
Thursday, Friday & Saturday	\$495	\$695
Friday & Saturday	\$360	\$560
Friday Only	\$180	\$280
Saturday Only	\$180	\$280

Register on or after April 16, 2026:

	Members	Non-Members
Thursday Mental Health Pre-Conference	\$185	\$285
Thursday, Friday & Saturday	\$545	\$745
Friday & Saturday	\$410	\$610
Friday Only	\$205	\$330
Saturday Only	\$205	\$330



Enhance
Your
Conference
Experience

Help TNP Foundation Give Back to Texas NPs

TNP Foundation Silent Auction | April 24-25

Donate a Basket or Item! [Click here](#) for more details.
Questions? Contact connie@texasnp.org.

TNP Foundation's Walk and Wine Down | Friday, April 24, 5:00 pm

Sponsor TNP's Walk and Wine Down T-Shirt
Sponsor the Walk t-shirts and have your company logo or name printed on the back in recognition. [Click here](#) to submit your sponsorship. Questions? Contact connie@texasnp.org.

Purchase Your Walk and Wine Down Ticket

Our walk is a crowd-pleaser and a great way to kick off your conference experience. Meet up at Charlie's Long Bar, grab your favorite beverage, and stroll with us around the Hill Country. Tickets are \$75 and support the work of TNP's foundation. Participants will receive a beverage and an exclusive walk t-shirt (while supplies last). Purchase your ticket when registering online to reserve your t-shirt size.

Continuing Education:

TNP's 2026 Pharmacology Conference + Psych/ Mental Health Pre-Conference:

This activity is pending 16 CEUs.

Statement:

Texas Nurse Practitioners is approved as a provider of nursing continuing professional development by Louisiana State Nurses Association — Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. If you are required to use an activity number or provider number on certificates, please use LSNA Provider N003232

CE Certificate:

Upon completion of the TNP Annual Conference and Workshops, you will receive an email from Bella Stewart, TNP Education Manager, with detailed instructions for accessing and completing your Continuing Education (CE) Certificate. If you do not receive the email within 24 hours of the conference conclusion or have any questions, contact Bella Stewart at bella@texasnp.org.

NSO 10% Risk Management Discount

TNP Primary NSO offers TNP's 2026 Pharmacology Conference + Mental Health Pre-Conference attendees a 10% Risk Management Discount on Individual Policies. Coverage is available to eligible residents of the United States of America and Puerto Rico.

Disclosures

No disclosures exist.

Conference Policies

Because the conference serves as an open forum, opinions expressed and/or materials distributed by program participants do not necessarily reflect or imply advocacy or endorsement by the Texas Nurse Practitioners, its officers, or members. Texas Nurse Practitioners does not endorse any specific commercial products or services.

Photo Release Statement for Texas Nurse Practitioners (TNP)

TNP has official photographers and videographers at its events and meetings. Photographs and videos taken at TNP meetings may be used in future marketing, publicity, promotions, advertising, and training activities for TNP. By registering for this meeting, you agree to allow TNP to use photographs and video that may include you in all media formats worldwide. You also understand that once your image is posted on TNP's website or social media, the image can be downloaded by any computer. Therefore, you agree to indemnify and hold harmless Texas Nurse Practitioners from any claims. TNP reserves the right to discontinue the use of photos without notice. Should you have any questions, please contact TNP at 512-291-6224.

Cancellation Notice

Conference cancellation requests must be emailed by April 2, 2026, for a refund, minus a \$25 processing fee. Requests should be sent to Bella Stewart at bella@texasnp.org.

No cancellations will be accepted after April 2, 2026. Cancellation refunds will be issued within 4-6 weeks after the conference.